May, 2024

*CURRICULUM VITAE*

**Steven R. H. Beach**

Department of Psychology

University of Georgia

Athens, Georgia 30602-3013

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**Academic History**

Present Rank: Director, Center for Family Research

Regents Professor of Psychology

**Academic Degrees**

1985 Ph.D., S.U.N.Y. at Stony Brook, New York in clinical psychology.

1981 M.A., S.U.N.Y. at Stony Brook, New York in clinical psychology.

1978 B.S., Summa Cum Laude, University of Illinois, Champaign, IL.

**License**

1986-Present Awarded by Georgia State Board of Examiners of Psychologists, July 10, 1986

[(https://orcid.org/0000-0001-8053-7761)](file:///Users/stevenbeach/Documents/all%20files%20before%201-1-03/vitae%20and%20FAR%20forms/2021/(https:/orcid.org/0000-0001-8053-7761) )

**Academic and Administrative Positions Held**

**Academic**

2021-present Regents’ Professor of Psychology

2007-2021 Distinguished Research Professor

1997-2007 Professor, University of Georgia

1992-1997 Associate Professor, University of Georgia

1987-1991 Assistant Professor, University of Georgia

**Administrative**

2021- present Director, Center for Family Research

2013-2021 Co-Director, Center for Family Research

2018-2024 Co-Director, Center on Biological Embedding of Social Events and Relationships

2010-2018 Director, Center for Gene-Social Environment Transactions

2003-2013 Director, William A. and Barbara R. Owens Institute for Behavioral Research (OIBR)

1999-2002 Associate Director, Institute for Behavioral Research

**Recognition for Outstanding Achievements**

2023 Owens Institute Service Legacy Award for meritorious contributions.

2023 Editor’s Choice Award by the Journal of Family Psychology for **Beach** et al. (2023). Strengthening couple functioning promotes resilience to COVID-19-related stressors among Black Americans. *Journal of Family Psychology,* 37(4), 497-506. doi: 10.1037/fam0001082.

2021 Regents’ Professor of Psychology Awarded

2019 Best Family Economics Paper of the Year awarded by NCFR. For “Stress spillover, African Americans’ couple and health outcomes, and the stress- buffering effect of family-centered prevention.”

2019 President’s Award of Distinction for Team Science CTSA

2017 UGA Distinguished Research Professorship (reapproved)

2016 Invited Presentation for the Inaugural Symposium of the Institute for Translational Research in Children’s Mental Health (ITR) on Epigenetics:  Minneapolis, Minnesota.

2014 Family Psychologist of the Year Award from Division 43 of the American Psychological Association.

2013 Outstanding Article Award from the American Society of Criminology for “Social Environment, Genes, and Aggression: Evidence Supporting the Differential Susceptibility Perspective.”

2013 Invited Presentation – Conference on Genetic Susceptibility sponsored by the Jacobs Foundation. Marbach Castle, Switzerland.

Invited Presentation – Conference on Genetic moderation of Intervention sponsored by the Jacobs Foundation. Kasteel Oud-Poelgeest. Leiden, Netherlands.

2012 Invited Presentation – Purdue University

2010 Invited Presentation - Universität Zürich, Switzerland

Invited Presentation – ICD10 and Relational Processes, Ascona, Switzerland

Invited Presentation – AAMFT Research Conference

2009 Invited Presentation – Emory University, Department of Psychology

Study in a Second Discipline: Glycomics and Psychiatric Genetics

2008 Invited Presentation – University of Iowa, Department of Psychiatry

2008 Division 43 Distinguished Contribution to Family Psychology Award

Invited Presentation – University of Fribourg, Switzerland

2007 Recipient Distinguished Research Professorship, University of Georgia

Clinical Psychology Teaching Award

2005 Invited Presentation to NIH/NIAAA Workgroup, Washington, D.C.

2005 Recipient of the William A. Owens Award

Who’s Who in Social Sciences Higher Education (WWSSHE)

2004 Invited Presentation at the American Psychological Association

Invited Presentation for AAMFT

Invited Presentation for Family Division of APA

2001 Invited Presentation for NIH

Invited Presentation for Southeastern Society of Social Psychology

1995 Invited Presentation for Brown University Medical School

1994 Elected Fellow of APA, Divisions 12 and 43

1994 J. Hatten Howard III Teaching Award for Honors Instruction

1993 Invited Presentation for Carrier Foundation

1993 Invited Presentation for University of Heidelberg, Germany.

1992 Invited Presentation for the Marital Intervention and Marital Therapy Conference, Fourth World Congress of Behavior Therapy (July 9, 1992)

1992 Invited Symposium for the Mid-Western Psychological Association

1991 AAMFT Outstanding Research Publication Award

Creative Research Medal, University of Georgia

**Research Foci**

1) Understanding the ways in which social processes, relationships, and circumstances become biologically embedded, with effects on inflammation, epigenetic change and gene expression, and a range of problematic outcomes including psychopathology, obesity, substance abuse, health, and health behavior; 2) Developing approaches to enhance protective social environments during critical periods including prenatal adjustment, parenting relationships, early romantic relationships, and marriage, and for populations facing chronic stress including rural African Americans; 3) Translating basic research into efficacious marital and family preventive interventions for health and health behavior.

**Active Grants: Grant Period, Title, Source, Amount**

2023 – 2024. (Weber PI). Beach Co-Investigator. 12/1/23 – 11/30/2024. (Weber, Lavner, Beach, multi-PI). Depression and Relationship Quality among Older Adult Couples: A Longitudinal, Multimethod Investigation. Mental Research Institute. Total awarded: $25,000-direct

2023 – 2028 (vanDellen PI). Beach Co-Investigator. Randomized Controlled Trial of Dyadic Financial Incentive Treatment for Dual Smoker Couples: Evaluation of Efficacy, Mechanisms, and Cost Effectiveness. NCI. (9/8//2023 – 8/31/2028). Total Awarded - $2,920,773 1R01CA276594-01A1

2022 – 2025 (Simons PI) Beach (Co-Investigator). Stress, Weathering, and Blood-Based Biomarkers of Alzheimer’s Disease: A Longitudinal Study of Low Income, Aging African Americans. NIA. (6/1/2022 – 5/31/2025). Total Awarded $2,788,814. 1RF1AG077386-01

2020 – 2025. (Beach – PI). Neuroscience, Immunology, Social Adversity and the Roots of Addictive Behaviors: Toward a New Framework for Drug Use Etiology and Prevention. NIDA P50 award. (09/01/2020 – 07/31/2025). Total Award $10,000,000. P50 DA051361**.**

2019-2025. (Ehrlich – PI). Beach (Co-Investigator). Developmental, Contextual, and Psychosocial Predictors of Weathering and Health among Rural African Americans in their Fourth Decade of Life. NICHD. 07/2019 – 06/2025 (NCE). Total awarded $3,058,607. R01 HD030588

2018 – 2024. (Beach, Gibbons, Philibert, Multi-PIs).  Contextual and Health Behavior Effects on Epigenetic Aging Among African Americans. NIMHHD. NCI. (08/01/2018 – 07/31/2024) Total award: $2,610,140. R01CA220254.

2018 – 2024. (Beach PI). Using a randomized prevention trial to understand the health benefits of supportive couple relationships among rural African American adults. NIA. (04/01/2018 – 03/31/2024). Total award: $**3,733,837.** 9 R01 AG059260-06.

**Current and Former Mentoring Training Awards**

2019-2022 Mentor for Katherine Ehrlich for NARSAD young investigator award “Skin Deep Resilience, Proinflammatory Phenotypes, and Depression Risk in Youth”. Total Direct Costs: $70,000.

2019–2021 Mentor for Sierra Carter for Diversity Supplement to “Contextual and Health Behavior Effects on Epigenetic Aging Among African Americans”. National Cancer Institute (NCI). (Gibbons and Beach Co-PIs). Total $333,141. 3R01CA220254-02S1

2019–2021 Mentor for Ewan Cobran for the National Center for Advancing Translational Sciences (NCATS), Research Supplement to Promote Diversity in Health- Related Research Award KL2 Program through the Georgia Clinical and Translational Science Alliance (Georgia CTSA).

2020-2022 Mentor for Ewan Cobran for K01 award. Genetic Literacy and Patient-Caregiver Communication of Prognostic Genetic Technology for Localized Prostate Cancer. National Cancer Institute (NCI). K01 CA230193-01A1

2020-2025. Mentor for Jiaying Lui for K01 award. Neuroimaging approaches to improve prediction of cigarette smoking initiation among young adult ENDS users. Food and Drug Administration (FDA). K01DA049292-01A1

2021 – 2023. Mentor for Olutosin Adesogan for diversity supplement to R01 AG059260 (“Using a Randomized Prevention Trial to Understand the Health Benefits of Supportive Couple Relationships Among Rural African American Adults). Direct costs - $78, 892.

2021 – 2026. Collaborator with Kaixiong Ye.

Supporting MIRA application, “Gene Environment Interactions in Human Evolution and Complex Traits.” To National Institute for General Medical Sciences (NIGMS). R35GM143060

**Pending**

(Lavner PI). Couple-Based Crisis Safety Planning via Telehealth to Reduce

Suicide Crisis Symptoms and Suicide Risk. Total requested funds: $300,000

Agency Name: Dept. of the Army -- USAMRAA

Submitted

09/01/2024 – 08/31/2029. Beach (PI). Dyadic influences on Blood-Based Biomarkers of Alzheimer’s Disease: A Longitudinal Study of Low Income, Aging Black Couples. NIA. Requested: total - $6,086,557.00

**No longer Active**

2017-2023. (Birch/Lavner PI) Beach (Co-Investigator). Responsive Parenting, Sleep, and Rapid Weight Gain among African American Infants. NIDDK. Total award: $2,728,416.

2017-2023. (Simons PI) Beach (Co-Investigator). (04/01/2017 – 03/31/2023). *Psychosocial Context and the Biological Clock: Changes in Weathering during Middle-Age.* NIA. (1R01AG055393-01). Total $3,805,521. Acct: 1021RR376427 – psychosocial Simon

2019-2023. (Brody- PI). (Beach Co-investigator). Developmental, Contextual, and Psychosocial Predictors of Weathering and Health among Rural African Americans in their Fourth Decade of Life. NICHD

2020-2023. (VanDellan PI). Beach (Co-Investigator).Testing Financial Incentive Interventions in Dyadic Smoker Couples. Total Award $407,170. NCI. 1R21CA241570

2020-2021. (Simons, PI). Covid-19; Economic, Social, and Health Consequences of COVID-19 Pandemic for Aging African Americans. NIA. $454,930– total. Beach (Co-investigator). 3R01AG055393-04S1

2018-2021. (Brody PI) Beach (Co-Investigator). Origin of Chronic Diseases of Aging Among Rural African American Young Adults. NICHD. Total Award: $1,010,071.

2015-2021. (Beach-PI). (4/7/2015 – 3/31/2021). *Biomarkers of Health Risk Among African American Couples.* NICHD. (1R01HD080749-01A1) $ $3,641,978 total. Acct: 1021RR376416 RF BIO AF AMER BEACH

2014-2020 (Brody – PI). 7/1/2014 – 6/30/2020 (NCE). *Vulnerability to Drug Use & HIV: Advancing Prevention for Rural African Americans.* NIDA. (P30DA027827-06). Beach (Co-Investigator)

2014-2019. (Gibbons, PI). (9/15/2014 – 6/30/2019) *Factors Affecting Health Risk Behaviors in Young African Americans.* NIDA (2 R01DA021898) $ $3,092,587. (Beach, Co-Investigator). ACCT: 1021RR376372 - RF HEALTH YAAA BEACH

2014-2019. (Wickrama, PI). (9/30/2014-4/30/2019) *“Couple Relationships and Health during Transition to Later Adulthood”* NIA (1R01AG043599-01A1) $2,579,220. (Beach: Co-Investigator). Acct: 1021RR274429

2014-2019. (Brody, PI). (7/1/2014 – 6/30/2019). *Vulnerability to Drug Use & HIV: Advancing Prevention for Rural African Americans. NIDA.* (2 P30DAA027827) $4,88,776. (Beach, Co-Investigator).

2014-2019. (Brody, PI). (7/1/2014 – 6/30/2019). *Rural African American Young Adults' Pathways to Psychosocial and Physical Health.* NICHD. *(*2R01HD030588) $3,752,389 *(*Beach, Co-Investigator).

2014-2019. (Simons PI). (03/01/2014 - 02/31/19) *Social Determinants of Inflammation and Metabolic Syndrome among African Americans* NHLBI (1 R01HL118045) $2,891,478 (Beach Co-investigator).

2012-2018. (Beach, PI) (4/1/2012 – 3/31/2017). *Home-Based Prevention for African American Families in Rural Communities.* NICHD. (1 R01HD069439). $2,665,354

2011-2017.Kogan-PI. (2/1/11 – 1-31/16)  **“***HIV-Related Behavior among Rural African American, Young Adult Men*. NIDA. (1 R01 DA029488). $2,154,597 (Beach,-Co-Investigator)

2012-2016. Fincham, F. D. (PI). “*Gratitude, prayer and close relationships*.” John Templeton Foundation ($200,000-direct). (Beach, Co-Investigator).

2009-2015. (Brody, PI). “*The strong African American Families Community Dissemination Model*” NIAAA (5 R01 AA018580) $3,609,563. (Beach-Co-Investigator**)**

2012-2014. (Philibert – PI ). The Effects of Smoking on DNA Methylation in Primary Human Lymphocytes. Role: Beach- Co-PI. Primary award to University of Iowa.

2009-2014. **“**A Transdisciplinary Center Focused on Rural African American Families” 09/01/2009 – 06/30/2014. NIDA 1P30DA027827 ($4,995,338 – total Direct; 6,625,202 - total).Role: Beach-**Co-PI**; Brody - PI.

2009-2014. “The Strong African American Families Community Dissemination Model” 7/1/09–6/30/14. NIDA03857-01. $746.740 - total. Beach-**Co-PI**, Grange – PI.

2008-2014. “Examination of Genetic and GxE Effects in the Family and Community Health Studies” NIMH ($3,348,903 – Direct). Sub-contract to UGA - $896,995 – Role: Beach- Subcontract **PI**.

2008-2014. FIIT. Contextual Processes and Rural African American Emerging Adults. NICHD. 2R01HD030588-15A1 (3,795,660 – total). Role: Beach-**Co-PI** ($1,036,761 – subcontract Direct)

2008-2013. “Factors Influencing the Health Behavior of Young African American

Adults” NIDA 2R01DA021898-06A2 (2,600,000 – Direct) Role: Beach-**Co-PI**.

2007-2012. “Risk, Resilience, and Disorder: African Americans transitioning to Adulthood” NIMH 2 R01MH062669 ($2,400,000 – Direct) Role: **Co-PI**.

2006.2012. “Strong African American Fathers in Healthy Marriages: A randomized controlled trial with Rural Families” ACF ($2,467,652 – Total). Role: **PI**. (ACF; 1021RR274307)

2007-2012. “Vulnerability and Resiliency in African American Parents” NIMH, 2 R01 MH062666-06 ($2,221,706-Direct). **Co-PI** Subcontract to UGA is $883,049 - Direct) (Cutrona is PI at Iowa)

2008-2011. “Generalization of Marital Intervention Effects to the Family and Community Environment” Fetzer Institute ($150,000-direct) –Role: PI

2008-2010. “Preventing Substance Use & Risky Behavior among Rural African American Youth SAAF-T genetic supplement” NIDA 10-21-RR274-308 ($214,213 – total). Co-PI; Brody - PI.

2009-2011. “Generalization of Marital Intervention Effects to the Family and Community Environment” Templeton Foundation ($150,000- total Direct; 172,500- total) –Role: PI

2007-2009. “Preventing Alcohol Use Among African American Youth: Genetic Data Collection Supplement (SAAF)” – NIAAA. Co-PI ($154,573-direct) 3R01AA012768-08S1: “Preventing Alcohol Use Among African American Youths.”

2005-2009. “A Comparison of Two Approaches to Enhancing Marriage” John Templeton Foundation, ($1,129,825). PI ($120,000 – supplement)

2006-2008. “Preventing Drug Use in Rural African American Youth: Genetic Data Collection Supplement (AIM)” NIDA (RR274254) ($177,285-Direct). Co-PI. 5R01DA010923-04S1: “Preventing Drug Use in Rural African Americans.”

2004-2006. “Relational Diagnoses” Fetzer Foundation, ($135,000-Direct). PI

2001-2005. “Advice and Support: Self-Evaluation Considerations” NIMH, $(525,000 - Direct). PI

1999-2003. “Forgiveness in Family Relationships”. John Templeton Foundation ($200,000-direct). Co-PI

1995-1999. “Self-Evaluation Maintenance in Close Relationships” NSF ($257,000-direct). PI

1990-1993. “Emotion in Marriage” NIMH ($346,747) Co-PI

1983-1987. “Treatment of Marital Distress and Depression” NIMH ($303,000-direct). Co-PI

**Research Interests:** 1) Understanding the way in which social processes, relationships, and circumstances become biologically embedded, with effects on inflammation, epigenetic change and gene expression, and a range of problematic outcomes including psychopathology, obesity, substance abuse, health, and health behavior; 2) Developing approaches to enhance protective social environments during critical periods including prenatal adjustment, parenting relationships, early romantic relationships, and marriage, and for populations facing chronic stress including rural African Americans; 3) Translating basic research into efficacious marital and family preventive interventions for health and health behavior.

**Scholarly Activities**

**Patents awarded.** Methods and kits for using mthfr methylation to characterize the impact of tobacco use and other agents or conditions and/or to gauge the intensity of exposure to the same. SRH Beach. 2018

**Books**

Foran, H. M., **Beach,** S. R. H., Heyman, R. E., Slep, A. S., & Wamboldt, M. (2013). *Family Problems and Family Violence: Reliable Assessment and the ICD-11*. New York, NY: Springer Publishing Company.

**Beach**, S. R. H., Wamboldt, M., Kaslow, N., Heyman, R. E., First, M. B., Underwood, L. G., Reiss, D. (2006). *Relational Processes and DSM-V: Neuroscience, Assessment, Prevention & Intervention*. Washington, DC. American Psychiatric Publishing, Inc.:

**Beach**, S.R.H. (2001). *Marital and Family Processes in Depression: A Scientific Foundation for Clinical Practice*. Washington DC: APA Press.

**Beach**, S.R.H., Sandeen, E.E., & O'Leary, K.D. (1990). *Depression in Marriage: A model for etiology and treatment*. New York: Guilford.

**Online Book**

**Beach**, S. R. H. & Sales, J. M. (2016). *Refining Prevention: Genetic and Epigenetic Contributions*.  retrieved from http://www.frontiersin.org/books/Refining\_Prevention\_Genetic\_and\_Epigenetic\_Contributions/846

**Journals and Edited Volumes**

**“In press”**

Weber, D. M., Lavner, J. A., & Beach, S. R. H. (2024). Different Trajectories of Relationship Satisfaction Among Rural Black Couples Following Preventive Relationship Intervention. *Journal of Consulting and Clinical Psychology*.

Adesogan, O., Lavner, J. A., Carter, S. E., & Beach, S. R. H. (2024). Additive Benefits of Individual, Relational, and Community Factors on Physical and Mental Health Trajectories among Black Americans. *Clinical Psychological Science.*

Simons, R. L., Ong, M. L., Lei, M-K., **Beach**, S. R. H., Zhang, Y., Philibert, R. A., Mielke, M. M. (2024). Racial discrimination during middle age predicts higher serum phosphorylated tau and neurofilament light chain levels a decade Later: A study of aging Black Americans. Alzheimer's & Dementia: The Journal of the Alzheimer's Association. <http://doi.org/10.1002/alz.13751>

Weber, D. M., Whishman, M. A., **Beach**, S. R. H., (in press). **Couple Relationships and Depression. In** *Research Handbook on Couple and Family Relationship*s. (Nickola Overall, Jeff Simpson, and Justin Lavner (Eds.).

2024

Lei, M-K. & Beach, S. R. H. (published online, 2024). Testing whether protective parenting is a causal mediator of intervention effects on decreased delinquency using a randomized prevention trial. Justice Quarterly. doi: 10.1080/07418825.2024.2332372

Armah, A. E., Lavner, J. A., Varner, F. A., and **Beach**, S. R. H. (2024). Racial Discrimination, Depressive Symptoms, and Parenting in African American Families, *73*(1), 207-222. *Family Relations.* [**https://doi.org/10.1111/fare.12846**](https://doi.org/10.1111/fare.12846)**.** Published in the special issue “The Science of Families: Nurturing Hope, Happiness, and Health.”

Vandellen, M., Wright, J. W. C., Zhao, B. Cullinan, C., **Beach**, S. R. H., Shen, Y., Haskins, L. B., Schiavone, W. M., MacKillop, J. M. (2024). Partner-Involved Financial Incentives for Smoking Cessation in Dual Smoker Couples: A Randomized Pilot Trial. Nicotine & Tobacco Research, 26(2), 229–2363.  <https://doi.org/10.1093/ntr/ntad183>

Hart, A. R., **Beach**, S. R. H., Hart, C. N., Smith, J. J., Stansfield, B. K., & Lavner, J. A. (2024, February 8). Responsive Parenting and Black Mothers’ Postpartum Sleep: Secondary Analysis of a Randomized Control Trial. *Health Psychology*. Advance online publication. https://dx.doi.org/10.1037/hea0001363

2023

Weber, D. M., Lavner, J. A., & **Beach**, S. R. H. (2023). Couples’ communication quality differs by topic. *Journal of Family Psychology*, *37*(6), 909–919. doi: 10.1037/fam0001111.

Adesogan, O., Lavner, J. A.,Carter, S. E., **Beach**, S. R. H.  **(May, 2023 online**). Stress Accumulation, Depressive Symptoms, and Sleep Problems Among Black Americans in the Rural South. *Clinical Psychological Science.* <https://doi.org/10.1177/21677026231170839>

Adesogan, O., Lavner, J. A., Carter, S. E., & **Beach**, S. R. H. (2023). Shift-and-persist coping and health among rural African American Adolescents. *Journal of Research on Adolescence, 33(4), 1209-1221.* [**https://doi.org/10.1111/jora.12870**](https://doi.org/10.1111/jora.12870)

**Beach**, S. R. H., Lei, M-K., Lavner, J. A., Adesogan, O., Carter, S. E., Barton, A. W. (2023). Strengthening couple functioning promotes resilience to COVID-19-related stressors among Black Americans. *Journal of Family Psychology,* 37(4), 497-506. doi: 10.1037/fam0001082. Epub 2023 Apr 13. PMID: 37053419; PMCID: PMC10238637. *NIHMSID:* 1878406

Lavner, J. A., Hohman, E. E., **Beach**, S. R. H., Stansfield, B. K., & Savage, J. S. (2023). Effects of a responsive parenting intervention among Black families on infants’ sleep: A secondary analysis of the Sleep SAAF randomized clinical trial. *JAMA Network Open, 6(3),* e236276. doi:10.1001/Jamanetworkopen.2023.6276

Simons, R. L., Ong, M. L., Lei, M-K., **Beach**, S. R. H., Zhang, Y., Philibert, R. A., Mielke, M. M. (2023). Changes in loneliness, BDNF, and biological aging predict trajectories  
in a blood-based epigenetic measure of cortical aging: A Study of Older Black  
Americans. *Genes*, *14*, 842. https://doi.org/10.3390/genes14040842

Simons, R. L., Ong, M. L., **Beach**, S. R. H., Lei, M-K., Philibert, R. A., Mielke, M. M. (2023). Direct and Indirect Effects of Socioeconomic Status and Discrimination on Subjective Cognitive Decline: A Longitudinal Study of African American Women.  The Journals of Gerontology: Series B 78(5), 799-808.  <https://doi.org/10.1093/geronb/gbad029>

Lavner, J. A., Ong, M. L., Carter, S. E., Hart, A. R., & **Beach**, S. R. H. (2023). Racial Discrimination Predicts Depressive Symptoms Throughout Adolescence Among Black Youth. Developmental Psychology. Advance online publication. <http://dx.doi.org/10.1037/dev0001456>

Heyman, R. E., Lorber, M. F., Kim, S., Wojda-Burlij, A. K., Stanley, S. M., Ivic, A., Snyder, D. K., Rhoades, G. K., Whisman, M. A., & **Beach**, S. R. H. (2023). Overlap of Relationship Distress and Intimate Partner Violence in Community Samples. *Journal of Family Psychology, 37(1), 37-44*. <http://dx.doi.org/10.1037/fam0001031>

Whisman**,** M. A., **Beach**, S. R. H., & Davila, J. (2023). Couple Therapy for Depression and Co-Occurring Internalizing Disorders. Chapter 22 In Lebow, J., & Snyder, D. K. *Clinical handbook of couple therapy,* (6th ed.). New York, NY: Guilford Press. ISBN 9781462550128

Barr, A. B., Simons, R. L., Beach, S. R. H., Simons, L. G. (2023). Racial Discrimination and the weathering of nonmarital relationships. *Journal of Marriage and the Family*, 85, 723-738. DOI: 10.1111/jomf.12900. NIHMSID: NIHMS1854460

Barton, A. W., Jenkins, A. I. C., Gong, Q., Sutton, N. C., & Beach, S.R.H. (2023). The protective effects of perceived gratitude and expressed gratitude for relationship quality among African American couples. *Journal of Social & Personal Relationships, 40*(5), 1622-1644. doi: 10.1177/02654075221131288

Lei, M-K. & **Beach**, S. R. H. (2023). Neighborhood disadvantage is associated with biological aging: intervention-induced enhancement of couple functioning confers resilience. *Family Process*. 62 (2), 818-834. [**https://doi.org/10.1111/famp.12808**](https://doi.org/10.1111/famp.12808)

Lavner, J. A., Carter, S. E., Hart, A. R., Adesogan, O., & **Beach**, S. R. H. (2023). Racial discrimination and private regard among Black youth: Testing between- and within-person associations over time. *The Journal of Early Adolescence, 43*(2), 141–163.<https://doi.org/10.1177/02724316221096076>

Haeny, A. M. , Gibbons, F. X. , Fleischli, M. E. , Gerrard, M. , Lopez, J. , **Beach**, S. R. H. (2023). Racial Centrality Mediates the Association between Adolescent Racial Discrimination and Adult Cigarette Smoking Outcomes among Black Americans. *Social Science and Medicine, 316, 115225,* Doi: org/10.1016/j.socscimed.2022.115225

2022

**Beach**, S. R. H., Klopack, E. T., Carter, S. E., Philibert, R. A., Simons, R. L., Gibbons, F. X., Ong, M. L., et al. (2022). Do Loneliness and Per Capita Income Combine to Increase the Pace of Biological Aging for Black Adults across Late Middle Age? *International Journal of Environmental Research and Public Health*, *19*(20), 13421. http://dx.doi.org/10.3390/ijerph192013421

Adesogan, O., Lavner, J. A., Carter, S. E., & **Beach**, S. R. H. (2022). COVID-19 stress and the health of Black Americans in the rural South. *Clinical Psychological Science, 10,* 1111–1128. <https://doi.org/10.1177/21677026211049379>

### Beach, S. R. H., Ong, M. L., Gibbons, F. X., Gerrard, M., Lei, M-K., Dawes, K., Philibert, R. A. (2022). Epigenetic and Proteomic Biomarkers of Elevated Alcohol Use Predict Epigenetic Aging and Cell-Type variation Better than Self-Report. *Genes,* 13(10), 1888. doi: 10.3390/genes13101888

Lei, M-K., Berg, M. T., Simons, R. L., & **Beach**, S. R. H. (2023). Specifying the psychosocial pathways whereby juvenile adversity leads to adult health outcomes. *Psychological Medicine*, 53 (13), 6027-6036. https://doi.org/10.1017/S003329172200318X

\*Hernandez**, E.,** Lavner, J.A., Moore, A.M., Stansfield, B.K., **Beach**, S.R.H, Smith, J.J., & Savage, J.S., (2022). Sleep SAAF responsive parenting intervention improves mothers’ feeding practices: A randomized controlled trial among African American mother-infant dyads. *International Journal of Behavioral Nutrition and Physical Activity*, 19, 129.   
10.1186/s12966-022-01366-1

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H-index = 99; Total citations = 32,781

**Research Presentations Since 2005**

**Swygert, L., (November, 2024).** Depressive Symptoms, Social Supports, and Parenting in Black Families. Paper presented at the 58th annual conference for the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

Mielke, M. M., Ong, M. L., Lei, M-K., **Beach**, S. R. H., Zhang, Y., Philibert, R., Simons, R. L. (March, 2024). Racial discrimination during middle age predicts higher serum phosphorylated Tau and Neurofilament Light Chain levels a decade lager. AD/PD: International Conference on Alzheimer's and Parkinson's Diseases and related neurological disorders. Conference held March 5th – 9th, 2024 in Lisbon Portugal.

Weber, D. M., Lavner, J. A., & **Beach**, S. R. H. (2023, November 17th). *Trajectories of*

*relationship satisfaction among rural Black couples after relationship intervention.*In Y. Le (chair), *Unraveling the differential effects of couple relationship education on underserved populations: Leveraging novel analytic approaches.*Paper presented at the 57th annual conference for the Association for Behavioral and Cognitive Therapies. Seattle, WA.

Weber, D. M., Lavner, J. A., & **Beach**, S. R. H. (2023, May 20th). Couples’ communication quality varies across different stressors: Implications for understanding resilience in stressful contexts. Presented at the International Association for Relationship Research Mini-Conference. Tuscaloosa, Alabama.

Adesogan, O., Lavner, J. A.,Carter, S. E., **Beach**, S. R. H. **(**November 16-19, 2023**).** *Multisystemic Resilience Predicts Better Physical and Mental Health Trajectories among Black Americans*. Poster presented to the Association for Behavioral and Cognitive Therapies (ABCT) 57th Annual Convention, Seattle, WA.

Swygert, L. M., Lavner, J. A., **Beach**, S. R. H. (November, 2023). *Predictors of Racial Socialization Parenting Practices Among Black American Families.* Poster presented to the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Seattle, WA.

Jenkins, A. I. C.**,** Rice, T. M., McNeil Smith, S., Barton, A. W., & Beach, S.R.H. (2023, May). *We gon' be alright: Examining culturally-relevant coping strategies as protective factors for Black romantic relationships*. Paper presented at the International Association of Relationship Research Mini-Conference. Tempe, AZ.

Lavner, J. A., Hohman, E. E., Beach, S. R. H., Stansfield, B. K., & Savage, J. S. (June 17, 2023). *Effects of the Sleep SAAF responsive parenting intervention on infants’ sleep: A randomized clinical trial among Black families.* Presentation for the International Society of Behavioral Nutrition and Physical Activity (ISBNPA)’s annual meeting in Uppsala, Sweden.

Carter, S., Lavner, J. Gibbons, F. X., Beach, S. R. H. (2022). *The effects of racism across the life course: Examining methylation-based mechanisms linking social influences with health among African Americans*. Biological Psychiatry, 91 (9), supplement S46.

Barton, A. W.,Gong, Q., Jenkins, A. I. C., Sutton, N. C. & Beach, S.R.H. (2022, November). *The protective effects of felt gratitude and expressed gratitude for relationship quality among African American couples.*Poster presented at the Annual Meeting of the National Council on Family Relations. Minneapolis, MN.

Lavner, J. A., Carter, S. E., Hart, A. R., Beach, S. R. H. (2022, May 4). *Experiencing racial discrimination increases depressive symptoms among Black youth*. Poster presented at the Society for Research in Child Development Special Topics Meeting, Rio Grande, Puerto Rico.

Hernandez, E. , Moore, A. M., Stansfield, B. K., **Beach**, S. R. H., Smith, J. J., Savage, J. S., Lavner, J. A. (Novemeber 1-4, 2022). Sleep SAAF parenting intervention for African American mothers improves responsive feeding: An RCT. The Obesity Society.

Lavner, J. A., Savage, J. S., Stansfield, B. K., Beach, S. R. H., Marini, M. E., Smith, J. J., Sperr, M. C., Anderson, T. N., Hernandez, E., Moore, A. M., Caldwell, A. L., & Birch, L. L. (2022, May 21). *Effects of the Sleep SAAF responsive parenting intervention on rapid infant weight gain: A randomized clinical trial of African American families*. Poster presentated at the annual convention of the International Society for Behavioral Nutrition and Physical Activity, Phoenix, AZ.

Adesogan, O. I., **Beach**, S. R. H., Lei, M-K., Lavner, J. A.,Carter, S. E., Bartom, A.**,**  (November, 2022)Strengthening couple functioning promotes resilience to COVID-19-related stressors among Black Americans*.* Symposium presented to the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, New York: New York.

Hart, A., ., Lei, M-K., Lavner, J. A., Carter, S. E., Beach, S. R. H. (November, 2022). Building Family-Based Resilience to Racial Discrimination Among Black Youth: Indirect Buffering Effects of the ProSAAF Intervention on Depressive Symptoms. Paperpresented to the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, New York: New York.

Lavner, J. A., Lei, M-K., Carter, S. E., Adesogan, O., Beach, S. R. H. (November, 2022). ProSAAF Enhances Relationship Functioning and Buffers African American Couples from the Effects on Financial Strain on Biological Aging. Paperpresented to the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, New York: New York.

Adesogan, O. I., Lavner, J. A.,Carter, S. E., Beach, S. R. H.  **(**May 26 - 29, 2022). *Stress Accumulation and Depressive Symptoms Among Black Women in the Rural South.*

Poster presented to the 2022 Annual Convention of the Association for Psychological Science, Chicago, USA. Poster ID: 40535

Hart, A., ., Lavner, J. A.,Metzger, I., Beach, S. R. H.  **(**May 28, 2022). *Ethnic-Racial Socialization Buffers Racial Discrimination's Longitudinal Association with Self-Esteem Trajectories Among Black Emerging Adults.* Poster presented to the 2022 Annual Convention of the Association for Psychological Science. Chicago, USA. Poster ID: 40394

Lavner, J. A., Barton, A. W., Adesogan, O. I., Beach, S. R. H. (2021, May 22nd) [*Family-centered prevention buffers the effect of financial strain on parenting, reducing youth conduct problems in African American families*](https://uga.elements.symplectic.org/viewobject.html?cid=1&id=1916446)*.* Poster presented to the 2021 Annual Convention of the Association for Psychological Science. Online.

Adesogan, O. I., Lavner, J. A., Carter, S. E., Beach, S. R. H. (2021, November). *COVID-19 Stress and the Health of Black Americans in the Rural South.* Poster presented to the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, New Orleans.

Nguyen, J.K.,Hart, A., Swygert, L., Spivey, B.N., Metzger, I.W., & Beach, S., (Accepted). *Racial discrimination, racial identity, racial socialization, and depressive symptoms among Black youth: a moderated-meditation model.*Poster presented to the 37th Annual Meeting of the International Society for Traumatic Stress Studies Annual Meeting, Virtual.

Barton, A. W.,Sutton, N. C., Lavner, J. A., & Beach, S.R.H (2021, November 3rd). *The Marital Discord Model among African American couples: The importance of partner support for long-term change in depressive symptoms.*Paper presented at the Annual Meeting of the National Council on Family Relations. Virtual meeting.

Adesogan, O. I., Lavner, J. A., Beach, S. R. H. (November 19-22, 2020). *Shift-and-Persist Coping as a Protective Factor among African American Youth.*Poster presented to the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Philadelphia, PA.

Asiri, I., Young, H. N., Beach, S. R. H., Mandawat, A., Master, V. , Cobran, E. K. (February 27-29, 2020). *Mortality and Thromboembolic Events in Castration-Resistant Prostate Cancer Patients with Pre-existing Cardiovascular Comorbidities Receiving Oral Androgen Signaling Inhibitors: Research In-progress.* Presentation to the Southeastern Regional Clinical & Translational Science Conference, Callaway Gardens, GA.

Hart, A., Lavner, J. A., Beach, S. R. H. (May, 2020). *Cultural Socialization and Preparation for Bias Buffer the Impact of Racial Discrimination on Increases in Black Youths’ Depressive Symptoms*. Poster presented at the Annual Convention of the Association for Psychological Science, Chicago, IL.

Cobran E, Chen R, Godley P. A., **Beach S. R. H**., Young H. N., Shah S., Asiri I. M. (October 10, 2019).  *Prostate Specific Antigen Surveillance Testing Frequency after Definitive Treatment with Surgery and Radiation Therapy for Localized Prostate Cancer.* Presented to the 7th African Caribbean Cancer Consortium Scientific and Training Conference, Kingston, Jamaica. 10 Oct 2019.

Andersen, A., Philibert, R. A., Lei, M-K., Beach, S. R. H. (June 15-19, 2019 ). *Smoking is associated with inflammation and increased B cell proportion in peripheral blood in older African American smokers.* Presentation to the 81st Annual Meeting of the College on Problems of Drug Dependence. San Antonio, TX.

Hart, A., Lavner, J. A., **Beach, S. R. H.** (Nov 21- 24, 2019). *Racial Discrimination Predicts Depressive Symptoms and Sleep Problems: Replication across Family Members among Blacks in the Rural South.* Poster presented to the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention. Atlanta, Georgia.

King, V., Wickrama, K., Beach, S. R H. (Nov 21 - 24, 2019). *Religion and Spirituality in Couple Relationships: Building a Foundation for Expansion of Couple Therapy Research and Practice to Religious Couples.* Paper presented as part of the symposium “Religion and Spirituality in Couple Relationships Across the Lifespan: Expanding Couple Therapy Research“ to the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention. Atlanta, Georgia.

Barton, A. W., Lavner, J. A., Beach, S. R. H. (Nov 21 - 24, 2019). “*The Protecting Strong African American Families program: Design, implementation, and long-term outcomes for couples and children*." Paper presented as part of the symposium on Novel preventive intervention strategies for couples and families: Extending the reach and social impact of CBT to promote relationship quality and family well-being. Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention. Atlanta, Georgia.

Lei. M. K., Beach, S. R. H. (November 13-16, 2019). *Prevention induced changes in parental communication to reduce adolescent delinquency in disadvantaged neighborhood.* Paper presented to the American Society of Criminology. San Francisco, CA.

Dogan, M. V., Simons, R. L., **Beach**, S. R. H., Philibert, R. A. (November, 2018). *A Next-Generation Artificial Intelligence-Based Integrated Genetic-Epigenetic Prediction of 5-Year Risk for Coronary Heart Disease.* American Heart Association. Chicago, Illinois.

Lavner, J. A**., Beach**, S. R. H. Barton, A. W. Bryant, C. M. (March 1-3, 2018). *Racial Discrimination and Relationship Functioning among African American Couples*. Paper presented to SPSP as part of the symposium “Couples in Context: Influence of Social Networks and Socio-Economic Hardships,” Atlanta, GA.

Barton, A. W. & **Beach**, S. R. H. (March 1-3, 2018). *Family-Centered Prevention Program Buffers Financial Hardship Spillover to African Americans’ Relationship Outcomes*. Paper presented to SPSP as part of the symposium “Couples in Context: Influence of Social Networks and Socio-Economic Hardships,” Atlanta, GA.

Barton, A. W. & **Beach**, S. R. H. (May, 2017). *The Protecting Strong African American Families (ProSAAF) Program: Main and Stress-Buffering Effects from a Randomized Controlled Trial for Two-Parent Rural African American Families*. Society for Prevention Research.

Berger, P. K., Lavner, J. A., Smith, J., **Beach**, S. R. H., Birch, L. (November, 2016). *Change in body composition from 2 to 8 weeks postpartum differs for breastfed and formula-fed infants.* Presented at The Obesity Society meeting.

Lavner, J., Birch, L., **Beach**, S. R. H. (October 31 - November 4, 2016). *Change in body composition from 2 to 8 weeks postpartum differs for breastfed and formula-fed infants*. Paper presented to The Obesity Society’s Annual Meeting in New Orleans, LA.

McNeil Smith, S., Reynolds, J. E., Fincham, F. D., & **Beach**, S. R. H. (November, 2016). *Perceived discrimination and marital instability in African-American couples.* National Council on Family Relations. Minneapolis, Minnesota.

**Beach**, S. R. H. (May, 2015). *Examination of Contextual and Family Effects on Health and Well-being Using Epigenetic Predictors, Mediators, and Outcomes*. Presentation for the Inaugural Symposium of the Institute for Translational Research in Children’s Mental Health (ITR). Epigenetics:  Development, Psychopathology, Resilience, and Preventive Intervention. Minneapolis, Minnesota.

Salami, T. K., Carter, S. E., Walker, R. L., **Beach**, S. R. H. (November, 2015). *The Differential Impact of Dimensions of Race-Related Stress on Symptoms of Depression and Anxiety in a Community-Based Low-Income Sample of African Americans.*  Poster presented at the 49th annual convention of ABCT held in Chicago, Illinois.

Dogan, M. V., S. R. H. **Beach**, Lei, M. K., Cutrona, C. E., Gerrard, M., Gibbons, F. X., Simons, R. L., Brody, G. H., Philibert, R. A. (October 6th, 2015). *Methylomic aging as a window on lifestyle impact: Tobacco and alcohol alter the rate of biological aging.* American Society of Human Genetics Annual Meeting in Baltimore, Maryland.

Rajasekaran, V., Salami, T. K., Carter, S. E., **Beach**, S. R. H., Walker, R. L. (April, 2015). *A Cascade Model Linking Life-Stress and Deliberate Self-Harm: The Mediating Effects of Hopelessness Depressive Symptoms, Emotion Regulation, and Impulsivity.* Psi Chi. Athens, GA.

Davis, M., Suveg, C., Shaffer, A., **Beach**, S. R.H. (March 19-21, 2015). *Child Genotype Moderates the Impact of Maternal Parenting Stress Among Preschoolers.* Paper presented at the biennial meeting of the Society for Research on Child Development, Philadelphia, Pennsylvania

**Beach,** S. R. H., Barton, A., Lei, M. K., Brody, G. H., Kogan, S. M., Hurt, T. R., Fincham, F. D., Stanley, S. M. (November, 2014). *The Effect of Communication Change on Parenting in the Promoting Strong African American Families (ProSAAF) Program.*  Paper presented at the 48th annual convention of ABCT held in Philadelphia as part of the symposium on "Relationship Interventions for Underrepresented Couples."

Carter, S.E., Salami, T.K., Walker, R.L., **Beach**, S.R.H. (November, 2014). Perceived racial discrimination is associated with chronic health problems among African American women: Mediation by anxiety and moderation by health-promoting behaviors. Poster to be presented at the 48th annual convention of Association for Behavioral and Cognitive Therapies Convention Special Interest Group - African Americans in Behavior Therapy. Philadelphia, PA.

Salami, T. K., Carter, S. E., Walker, R. L., **Beach**, S. R. H. (November, 2014). Does Race Matter for Detecting Cognitive Vulnerability to Depression? Examination of Cognitive Vulnerability Measures among African Americans and European Americans. Poster presented at the 48th annual convention of ABCT. Philadelphia, PA.

Gibbons, R. X., Abraham, T., Stock, M., Gerrard, M., **Beach**, S., Wills, T. (February 2014). Sensitivity Genes Moderate the Effect of Racial Discrimination on Anger and Self-Control. Poster presented at the annual meeting of SPSP Austin, Texas.

Kogan, S. M., Lei, M-K., **Beach**, S. R. H., Brody, G. H., Windle, M. MacKillop, J., Lee, S. (March, 2014). *DRD4 polymorphisms and early sexual onset: Gender and environmental moderation in a sample of African American youth.* Paper presented to the 15th biennial meeting of the Society for Research on Adolescence. Austin, Texas.

Salami, T. K., Carter, S. E., Flowers, K. C., Walker, R. L., **Beach**, S. R. H. (May, 2013). *Cognitive Vulnerability of Depression: Examining the Attributional Style Questionnaire and the Cognitive Style Questionnaire in African Americans.* Paper presented at the annual convention of the American Psychological Society. Washington, DC.

**Beach**, S. R. H.**,** Brody, G. H.,Kogan, S. M., Hurt, T. R., Fincham, F. D., Stanley, S. M. (Nov., 2012). *Efficacy of the Protecting Strong African American Families (ProSAAF) Program.*Poster presented at the 46th Annual Convention of the Association for Behavioral and Cognitive Therapies. November 16th, 2012. National Harbor, MD.

Hurt, T. R., **Beach**, S. R. H, Stokes, L. A., Bush, P. L., & Sheats, K. J. (2012, October - November). *Engaging African American men in empirically-based marriage enrichment programs: Lessons from a focus group on the ProSAAM Project*. Paper presented at the H2R 2012 Survey Methods for Hard to Reach Populations, New Orleans, LA.

Kogan, S. M., Brody, G. H., **Beach**, S. R. H., Philibert, R., Gibbons, F. X., Chen, Y. F., Simons, R. (April 2nd, 2011). *Contextual Amplification of Family Processes and the DRD4 Polymorphism: Effects on Adolescent Women's Risky Sexual Behavior*. Paper presented to the Biennial Meeting of the Society for Research in Child Development in Montreal, Canada.

**Beach**, S. R. H., & Whisman, M. A. (October 14, 2010). *The impact of Partner Relational Problems*. Presentation to the Fetzer Institute and the World Health Organization for the Conference on Relational Processes in ICD-11 in Ascona, Switzerland.

**Beach**, S.R. H. (October 20, 2010). Affective Disorders: It is Time To Facilitate Referrals for Marital and Family Treatment. University of Zurich, Switzerland.

Whisman, M. A., & **Beach**, S. R. H. (October 14, 2010). *The identification of Partner Relational Problems*. Presentation to the Fetzer Institute and the World Health Organization for the Conference on Relational Processes in ICD-11 in Ascona, Switzerland.

**Beach**, S. R. H., & Whisman, M. A. (July, 2010). *Affective Disorders*. Presentation to the Research Conference of the American Association of Marital and Family Therapy. Arlington, VA.

Todorov AA, Chorbov V, Cicero TJ, Lynskey M, **Beach** SRH (October 3-7, 2010). *Exposure to trauma is associated with hypermethylation in the SLC6A4 promoter region.* The XVIII World Congress on Psychiatric Genetics. Athens, Greece.

Philibert, R., **Beach**, S. R.H., Gunter, T., D., Brody, G. H., Caspers, K. C., & Gibbons, F. X. (May, 2010). *The epigenetic signature of depression at the serotonin transporter is dependent on gender*. Society for Biological Psychiatry, New Orleans.

Philibert, R., **Beach**, S. R.H., Gunter, T., D., Todorov, A. A., Brody, G. H., Vijayendran, M., Elliot, N., Hollenbeck, M., Russell, D., Cutrona, C. E. (Nov.2-6, 2010). *The Relationship of Genotype and Thyroid Function to Lifetime History of Major Depression in Three Independent Populations.* 60th Annual meeting of the American Society of Human Genetics. Washington, DC.

**Beach**, S. R. H., Hurt, T. R., Fincham, F. D., Franklin, K. J., McNair, L. M., Stanley, S. M. (Nov., 2009). *Enhancing the Cultural Sensitivity of Marital Programs by Attending to Couples’ Spirituality:  Efficacy Data for Prayer Focused PREP (PFP)*. For the panel “Taking It to the Next Level: Culture- and Gender-Inclusive Family-Based Prevention.” Paper presented at the Association for Behavioral and Cognitive Therapies, New York, NY.

**Beach**, S. R. H., Brody, G. H., Philibert, R. A. (Nov., 2009). *Child Maltreatment and MAOA Genotype in Depression and Antisocial Personality Disorder: Genetic Moderation of the Effects of Family Environment*. For the panel “Personal Relationships and Depression Across the Lifespan.” Paper presented at the Association for Behavioral and Cognitive Therapies, New York, NY.

**Beach**, S. R. H., Fincham, F. D., Hurt, T. R. (July 9, 2009). *Integrating Prayer into Relationship Enhancment*. Plenary Keynote Address presented to Smart Marriage. Orlando, FL.

Burns, M. N., **Beach**, S. R. H., Kammen, C. (April 24, 2009). *Attributional and Minority Stress Processes Predict Social Anxiety in Gay Men*. Paper presented at the Johns Hopkins Public Health Conference.

**Beach**, S. R. H. (February 5, 2009). *Relationship Processes*. Presentation to the conference on Romantic Relationships in Emerging Adulthood. Tallahasee, Florida.

Philibert, R., **Beach**, S. R. H., Brody, G., Gunter, T. D., Chen, Y. (2009, May 14-16). The *Relationship of Genetic Variation in the 15q24 Nicotine Receptor Cluster with Nicotine and Alcohol Dependence in 4 Independent Cohorts*. Society of Biological Psychiatry, 64th Annual Scientific Convention & Meeting. Vancouver, Canada

**Beach**, S. R. H. (October 22nd, 2008). Marital and Family Dysfunction in Depression. Invited presentation for Grand Rounds at the University of Iowa Medical School. Iowa City, Iowa.

Hurt, T. R., & **Beach**, S. R. H. (June 18, 2008). Community Engagement in the Program for Strong African American Marriages (ProSAAM). Third annual, African American Healthy Marriage Initiative (AAHMI) conference. Chapel Hill, NC.

**Beach**, S. R. H., Hurt, T. R., Fincham, F. D., McNair, L. M. (June 18, 2008). *Preliminary Efficacy Results in the Program for Strong African American Marriages (ProSAAM)*. Third annual, African American Healthy Marriage Initiative (AAHMI) conference. Chapel Hill, NC.

**Beach**, S. R. H., Fincham, F. D., Hurt, T. R. (July 5, 12:45-2:15, 2008). *Prayer and Marriage Education*. Workshop presented to Smart Marriage. San Francisco, CA.

Fincham, F. D., & **Beach**, S. R. H. (Nov. 2008). *Spirituality and Marital Intervention: A Conceptual Framework and Preliminary Data*. Paper presented at the Association for Behavioral and Cognitive Therapies, Orlando, Fl.

McNair, L., Hurt, T., **Beach**, S. R. H., Fincham, F. D., Murry, V. M. (Nov. 2007). *Community Engagement in the Program for Strong African American Marriage (ProSAAM)*. Paper presented at the Association for Behavioral and Cognitive Therapies, Philidelphia.

**Beach**, S. R. H., Brody, G. H., Kogan, S., Murry, V. M., & Chen, Yi Fu. (Nov. 2007). *Family Based intervention Reduces Depression: Evidence from the Strong African American Families Program*. Paper presented at the Association for Behavioral and Cognitive Therapies, Philidelphia.

Hurt, T., **Beach**, S. R. H., McNair, L. D., Fincham, F. D., Murry, V. M. (Nov., 2007). *Dissemination of Couples’ Interventions:  Experiences from ProSAAM*. Paper presented at the 69th annual meeting of the National Council on Family Relations. Pittsburgh.

Brody, G. H., **Beach**, S. R. H. (May, 2007). *Laying the groundwork for examining genetic and GXE effects in preventive interventions with African American Families*. Fifteenth annual meeting of the Society for Prevention Research. Washington, D.C.

Dreifuss, J. A., Kamen, C., **Beach**, S. R. H. (Nov., 2006). *Piloting the use of a computerized intervention to retrain maladaptive relationship attributions in married women*. Paper presented at the 40th annual convention of the Association for Behavioral and Cognitive Therapies.

**Beach**, S. R. H., Fincham, F. D., & Leonard, K. A. ( Nov., 2006). *Nuances in the connection between marriage and depression*. Paper presented at the 40th annual convention of the Association for Behavioral and Cognitive Therapies.

**Beach**, S. R. H. ( Nov., 2006). *Recommendations for incorporating couple and family processes into the DSM-V*. Paper presented at the 40th annual convention of the Association for Behavioral and Cognitive Therapies.

**Beach**, S.R.H., Fincham, F. D., & Leonard, K. (Nov., 2006). *Non-linear connections between marital discord and depression*. Paper presented at the 38Th annual convention at the Association for the Advancement of Behavior Therapy. New Orleans, LA.

Schneider, R., **Beach**, S. R. H., Baumrind, N., & Kimerling, R. (Nov., 2006). *Child abuse, partner violence and marital dissolution among Latina women: Links to mental health problems and PTSD symtoms*. Poster presented at the 40th annual meeting of the Association for the Advancement of Behavior Therapy.

**Service to the University**

University-level Committees:

Member, Regent’s Award Selection Committee (2023-2026).

Member, Board of Directors of the University of Georgia Research Foundation(UGARF). (2021-2024).

Advisory Board - SEER (Scientists Engaged in Education Research) Center (2019 – present).

Executive Committee, Owens Institute for Behavioral Research (2013- present).

Executive Committee, Center for Family Research

HDFS Head Search Committee (2021-2022)

Social and Behavioral Sciences Faculty Awards review committee (2016 to 2021).

Social and Behavioral Science Division Committee – Franklin College (2012- 2020).

OIBR search Committee for Associate Director (2019).

Search Committee – Department of Sociology (2017-2018)

William A. Owens and Charles B. Knapp Selection Committee (2015-2019).

Advisory Board, Clinical Trials Research Unit, University of Georgia

Search Committee, Associate Dean for Research, College of Family and Consumer

Sciences. (2012-2013).

Search committee, “William Flatt Professorship”  in Childhood Obesity (2012-2013)

Search Committee, Dean of Franklin College (2011-2012)

Advisory Board: College of Education's Institute for Interdisciplinary Research in Education and Development (IIRED). (2009 to present).

Program Review Committee: Child and Family Development (2010-2011)

Personnel Action Committee: Institute for Behavioral Research (2009-2010)

Program Review Committee: Institute for African American Studies (2008-2009)

Task Force on Enhancing Research and Research Productivity at UGA (2007-2008)

F&A Return Task Force (2007-2008)

Research Communication Group (2008 to present).

Executive Committee – IBR [chair] (2003-2013)

Vice President for Research Advisory Committee (2006 - 2008)

Research Communication Group (OVPR, 2008 – present)

BHSI Director Review Committee (2005-2006)

Vice President for Research and Associate Provost Search Committee (2005)

University Council (1994-1997)

Executive Committee of the University Council (1995-1997)

Advisory Committee for the Survey Research Center (2000-2005)

Program Review Committee-Health Promotion and Behavior

Bio-Medical Initiative Committee

Facilities and Administration Review (2004)

Indirect Cost Committee (2004)

Complex Genetics Search Committee (Co-Chair) (2005-2006)

Administrative Advisory Panel of the Educational Policy and Evaluation Center (2006-

2021)

Department and College level

Psychology Department PAC committee (2022 – present)

Franklin College of Arts and Sciences Special Professorships Committee (2019 – present).

Head of Search Committee: Gail Williamson endowed professorship

Head of Search Committee: Inflammation, neuroscience, health disparities position (2015-2016)

Comprehensive Exam Committee (2012-2016).

Departmental Personnel Committee (2011-2012; 2016-2019)

Area PAC Committees PAC Committees Psychology (Social 2009-2010; Industrial - Organizational 2010-2011)

Search Committee: Sperduto Professorship, Chair (2009-2011)

Search Committee: Contextual Genetics Position, Chair (2010-2011)

Promotion Committee, Center for Health Care Delivery (2008-2015)

Promotion Committee, Center for Family Research (2008-present)

PAC Committees Psychology [chair] (2004-2005)

Search Committee 2007-2008

Long Range Planning and Development Committee (Chair 1998-1999, member 2000-2003)

Psychology Headship Search Committee, (Chair (1998-1999; 2004-2005, 2009)

Post Tenure Review Committees (K. Calhoun, J. Calhoun and D. Shaefer)

Outside Review Committee

Applied program - Promotion and tenure committee

PAC Chair, Developmental (2003-2004)

Comprehensive Exam Committee (Chair: 2001- 2010)

Clinic Committee (1990 - 2008)

CE credit committee (Chair: 2010-2021)

Fund raising committee (2010 - 2020)

**Professional Activities, Professional Service, and Organizations**

Advisory Board, Psychological Perspectives on Divine Forgiveness (2020 – 2026)

Reviewer, Templeton Foundation 2022-2023

AAMFT Foundation Advisory Board member (2012 – 2015).

Consultant for “Behavioral Diagnostics.”

Data Safety and Management Review for “Marriage Education and Risk Reduction for Army Families.” (2009 - 2018)

Supreme Court of Georgia Commission on Children, Marriage, and Family Law (2006-2009)

Co-Chair, Relational Processes Committee, Fetzer Foundation (2005-2012)

Ad hoc Reviewer for NSF

Ad hoc Reviewer for NIMH

Special Panel on Close Relationships, NIMH

Research Editor for Division 43, APA; The Family Psychologist. (2003 to 2011)

American Psychological Association - Fellow.

Division of Clinical Psychology (Division 12) - Fellow

Division of Family Psychology (Division 43) - Fellow

Association for Behavioral and Cognitive Therapy - Member.

Society for Clinical & Preventive Psychology - Member

American Psychological Society - Fellow

International Society for the Study of Personal Relationships - Member

International Network on Personal Relationships - Member

Georgia Psychological Association - Member

Southeastern Psychological Association – Member

American Association for the Advancement of Science – Member

Program Committee for AABT (1999, 2000)

Research Committee for AABT (1999, 2000)

Chair, Research Committee for AABT (2001-2003)

**Editorial Service**

**Associate Editor**

*Personal Relationships* (1998-2002)

**Special Issue Editor**

*Genes (2019)*

Frontiers (2016)

Journal of Family Psychology (2011-2012)

**Column Editor**

*Family Psychologist* (2003-2010)

**Editorial Board Member**

*Family Process*

*Frontiers in Behavioral and Psychiatric Genetics*

*Journal of Family Psychology*

**Guest Reviewer**

*Epigenetics*

*Journal of Marriage and Family*

*Brain Behavior and Immunity*

*Development and Psychopathology*

*Journal of Family Psychology*

*Frontiers*

*Family Relations*

*Journal of Black Studies*

*American Journal of Psychiatry*

*Journal of Social and Clinical Psychology*

*Behavior Therapy*

*Clinical Psychological Science*

*Cognitive Therapy and Research*

*Journal of Consulting and Clinical Psychology*

*Personality and Social Psychology Bulletin*

*Journal of Abnormal Psychology*

*Current Directions in Psychological Science*

*Journal of Child Clinical and Adolescent Psychology*

*Psychology of Religion and Spirituality*

**Courses Taught**

**Graduate**

Biomarkers in Prevention Science (Spring, 2017)

Marital Processes (Spring, 2014)

Marital Dysfunction (Spring, 2012; Spring 2020)

Genetics and Epigenetics for Intervention and Prevention (Fall 2011)

New for 2010: Summer Seminar in Contextual Genetics

New for 2009: Genetics and Epigenetics in Prevention

Behavior Therapy – once per year (1992-2008)

Taxometrics

Clinical Supervision (multiple years)

Individual Research Instruction - Graduate Level

**Undergraduate**

Abnormal Psychology (multiple years)

Psychology of Marriage

Individual Research Instruction – Undergraduate Level