

Daylin Delgado

daylindelgado00@gmail.com
daylin@uga.edu
(305) 200-6346

EDUCATION

Amherst College, Amherst, MA

May 2022

B.A., Psychology; B.A., Law, Jurisprudence and Social Thought

GPA: 3.77 / 4.00

Honors Thesis: "Understanding Parent Emotion Socialization and Youth Internalizing Symptoms During the COVID-19 Pandemic"

Advisor: Julia D. McQuade, Ph.D.

RESEARCH EXPERIENCE

TEACCH Autism Program, Carrboro, NC

June 2022 – July 2024

Principal Investigator: Brenna B. Maddox, Ph.D.; Danielle Roubinov, Ph.D.

Primary Social/Clinical Research Assistant

Autistic Adults and other Stakeholders Engage Together – Suicide Prevention (AASET-SP) Study: A comparison of two brief suicide prevention interventions tailored for youth on the autism spectrum, funded by the Patient-Centered Outcomes Research Institute

- Support engagement activities in accordance with the Governance and Engagement Plan of the Autistic Adults and other Stakeholders Engage Together (AASET) Community Council
- Coordinate and track the completion of clinician training on safety planning and research activities, including scoring post-training evaluations for over 300 clinicians
- Conduct informed consent and assent procedures and collect baseline data

Social/Clinical Research Assistant

Adaptation & Early Feasibility of the Community-Based Anxiety Program Tailored for Autism (CAPTA): A multi-phase study measuring the feasibility, preliminary effectiveness, and sustainability of a modified anxiety program for autistic youth, funded by the National Institute of Mental Health

- Qualitative coding and thematic analysis using the Braun and Clarke (2006) inductive thematic analysis approach and the Exploration, Preparation, Implementation, Sustainment (EPIS) Framework
- Drafted and reviewed two manuscripts

Social/Clinical Research Assistant

Autistic Adults and other Stakeholders Engage Together – Mental Health Therapy Programs (AASET-MHTP) Study: A study comparing cognitive-behavioral therapy versus mindfulness-based therapy for autistic adults, funded by the Patient-Centered Outcomes Research Institute

- Assisted with study start-up processes, drafting the initial IRB application and a manual of procedures
- Support engagement activities in accordance with the AASET Community Council Governance and Engagement Plan
- Mentored new study staff members on engagements with community partners

Project Lead

Female Autistic Adolescents' Markers of Suicide (FAAMS): Measuring biobehavioral markers of suicide risk in female adolescents on the autism spectrum, funded by the Foundation of Hope

- Coordinated communication and scheduled lab sessions with youth and their caregivers
- Revised and modified study protocol and IRB documentation
- Trained research assistants on data collection procedures

Peer Relationships Lab, Amherst College, Amherst, MA

January 2020 – May 2022

Principal Investigator: Julia D. McQuade, Ph.D.

Research Coordinator

Families and Teen Experiences Study: Investigating parenting and adolescent psychopathology during the COVID-19 pandemic

- Coordinated recruitment, scheduled online study sessions, and monitored data quality
- Qualitative coding of parent behaviors and parent and adolescent emotions for 5-minute conflict discussion task

Research Assistant

College Resilience Study: Measuring stress, physiology, emotion regulation in college students

- Trained to administer TRIER social stress task and physiological measures (EKG, skin conductance, respiration), and collect physiological data
- Reviewed video data and developed a coding system for participants' behaviors and emotions

PAPERS AND MANUSCRIPTS

Delgado, D., LaPoint, S. C., Simmons, G. L., Heinly, J. M., Shepherd, W. S., Brookman-Frazee, L. I., Storch, E. A., Maddox, B.B. (2023). "He just wants someone to hear him and listen to him": Barriers and facilitators to autistic youth with anxiety receiving quality mental healthcare [Manuscript in preparation].

Reid, M., **Delgado, D.**, Heinly, J., Shapiro, S., Kiernan, B., Morgan, L., Maddox, B. B., Jager-Hyman, S. (2023). *Suicidal thoughts and behaviors in people on the autism spectrum* [Manuscript in preparation].

LaPoint, S. C., Simmons, G. L., Heinly, J. M., **Delgado, D.**, Shepherd, W. S., Brookman-Frazee, L. I., Storch, E. A., Maddox, B. B. (2024). "Education would be step number one": Community mental health clinicians' training and support needs to treat anxiety in autistic youth. *Research in Autism Spectrum Disorders*. <https://doi.org/10.1016/j.rasd.2024.102450>

McQuade, J. D., Breaux, R., Cash, A. R., Horton, N. J., Azu, M. A., & **Delgado, D.** (2023). Differential associations and concordance across measures of parent emotion socialization: The role of parent and adolescent emotion dysregulation. *Social Development*, 32, 1374–1393. <https://doi.org/10.1111/sode.12696>

POSTERS AND PRESENTATIONS

Bowers, S., Shore, S., Benevides, T., Heinly, J. M., **Delgado, D.**, Jager-Hyman, S., Maddox, B. B. (2024, April 17-19). "Going beyond tokenizing": Practices for authentic autistic engagement in suicide prevention research [Poster presentation]. Suicide Research Symposium.

Delgado, D., Heinly, J. M., Morgan, L., Crabbe, S., Jager-Hyman, S., Maddox, B. B. (2024, April 17-19). *Clinicians' suicide prevention for autistic youth knowledge and perceptions about implementing tailored safety planning interventions* [Poster presentation]. Suicide Research Symposium.

- Heinly, J. M., Shore, S., Benevides, T., **Delgado, D.**, Jager-Hyman, S., Maddox, B. B. (2024, April 17-19). *Modifying the suicide-related coping scale in collaboration with autistic partners* [Poster presentation]. Suicide Research Symposium.
- Jager-Hyman, S., Benevides, T., Shore, S., **Delgado, D.**, Heinly, J., Bowers, S., Shapiro, S., Maddox, B. (2024, April 17-19). Developing a procedure for communicating participant deaths by suicide to community-based participatory research study teams. In S. Jager-Hyman (Chair), *Engaging the autistic community to promote research translation for suicide prevention* [Symposium]. Suicide Research Symposium.
- Delgado, D.**, Breaux, R., Cash, A. R., McQuade, J. D. (2023, November 16-19). *Differential perspectives of parent emotion socialization as predictors of adolescent internalizing symptoms* [Poster presentation]. Association for Behavioral and Cognitive Therapies 57th Annual Convention, Seattle, Washington.
- Reid, M., Heinly, J., **Delgado, D.**, Crabbe, S., Ming, X., Marcus, S., Jager-Hyman, S., Maddox, B. (2023, November 16-19). *Emergency department outcomes for autistic individuals experiencing suicidal thoughts and behaviors* [Poster presentation]. Association for Behavioral and Cognitive Therapies Annual 57th Annual Convention, Seattle, Washington.
- Heinly, J., LaPoint, S. C., **Delgado, D.**, Oliver-Derry, K., Brookman-Frazee, L., Storch, E. A., Maddox, B. B. (2023, November 3). *“Nothing has really clicked”: Autistic youth and caregiver recommendations to improve community-based anxiety treatment* [Oral presentation]. Association for Behavioral and Cognitive Therapies Autism Spectrum and Developmental Disabilities Special Interest Group Pre-Conference.
- Jager-Hyman, S., Heinly, J. M., **Delgado, D.**, Morgan, L., Crabbe, S., Maddox, B. B. (2023, October 15-18). The impact of two approaches to the safety planning intervention tailored for autistic youth on clinician attitudes, perspectives, and knowledge. In A. Kirby (Chair), *Autism and suicide: Lived experiences, risk factors, theory, and intervention* [Symposium]. International Summit on Suicide Research, Barcelona, Spain.
- Delgado, D.**, Heinly, J. M., Morgan, L., Crabbe, S., Jager-Hyman, S., Maddox, B. B. (2023, May 3-6). *Clinician perspectives of acceptability, appropriateness, and feasibility of the safety planning intervention tailored for autistic individuals* [Poster presentation]. International Society for Autism Research Annual Meeting, Stockholm, Sweden.
- Heinly, J. M., **Delgado, D.**, Morgan, L., Crabbe, S., Jager-Hyman, S., Maddox, B. B. (2023, May 3-6). *Clinician attitudes, self-efficacy, and knowledge about safety planning with autistic youth before and after a tailored suicide prevention intervention training* [Poster presentation]. International Society for Autism Research Annual Meeting, Stockholm, Sweden.
- Shore, S., Benevides, T. W., Jager-Hyman, S., Heinly, J. M., **Delgado, D.**, Maddox, B. B. (2023, May 3-6). *I am a part of something bigger than me: Supporting and measuring authentic autistic engagement in a multi-site comparative effectiveness trial for suicide prevention* [Poster presentation]. International Society for Autism Research Annual Meeting, Stockholm, Sweden.
- Delgado, D.**, Heinly, J. M., Morgan, L., Crabbe, S., Jager-Hyman, S., Maddox, B. B. (2023, April 26-28). *The safety planning intervention tailored for autistic individuals: clinician perspectives of acceptability, appropriateness, and feasibility* [Poster presentation]. Suicide Research Symposium.
- Heinly, J. M., **Delgado, D.**, Morgan, L., Crabbe, S., Jager-Hyman, S., Maddox, B. B. (2023, April 26-28). *Changes in clinician attitudes and knowledge about safety planning with autistic youth after a tailored suicide prevention intervention training* [Poster presentation]. Suicide Research Symposium.
- Heinly, J. M., Crowley, S.M., **Delgado, D.**, Brookman-Frazee, L. I., Storch, E. A., Maddox, B. B. (2022, November). *Providing quality care to autistic youth with anxiety: understanding the needs of*

community-based clinicians and clinic leaders [Poster presentation]. Association for Behavioral and Cognitive Therapies 56th Annual Convention, New York City, New York.

Cash, A. R., Azu, M., **Delgado, D.**, Corcoran, R., Castellanos, E., Breaux, R., McQuade, J. D. (2021, November). *Accuracy of parent and adolescent report of parent emotion socialization practices during a conflict discussion task* [Poster presentation]. Association for Behavioral and Cognitive Therapies 55th Annual Convention, New Orleans, Louisiana.

WORKSHOPS AND TRAININGS ATTENDED

| | |
|--|-------------------------|
| Thriving in College with ADHD Workshop <i>Sponsored by Psychology Center for Training in Assessment, Treatment, and Clinical Research at the University of Wyoming and Psychology Services Center at the University of South Carolina</i> | <i>April 2024</i> |
| Autistic Adults and other Stakeholders Engage Together – Mental Health Therapy Programs (AASET-MHTP) Study Staff Training <i>Sponsored by AASET-MHTP Study Staff Training Team (Barb Cook, Becca Lory Hector, Dena Gassner, Lindsey Nebeker, Teal Benevides)</i> | <i>August 2023</i> |
| Systematic Review Summer Workshop Series <i>Sponsored by Health Sciences Library at University of North Carolina at Chapel Hill</i> | <i>June – July 2023</i> |
| Autism Research Equity Training <i>Sponsored by Family Voices</i> | <i>March 2023</i> |
| Autistic Adults and other Stakeholders Engage Together – Suicide Prevention (AASET-SP) Study Staff Training <i>Sponsored by AASET-SP Study Staff Training Team (Dena Gassner, Teal Benevides)</i> | <i>July 2022</i> |
| Fundamentals of Structured TEACCHing <i>Sponsored by University of North Carolina TEACCH Autism Program</i> | <i>July 2022</i> |

HONORS AND AWARDS

| | |
|--|----------------------|
| Presidential Graduate Award (\$10,000 for 4 years), University of Georgia | <i>February 2024</i> |
| ADHD Special Interest Group Student Travel Award (\$500), Association for Behavioral and Cognitive Therapies | <i>November 2023</i> |
| Staff Professional Development Grant (\$2,500), University of North Carolina, School of Medicine | <i>Spring 2023</i> |
| Student and Trainee Award (\$500), International Society for Autism Research | <i>Spring 2023</i> |
| Diversity Award (reimbursement up to \$1,500), International Society for Autism Research | <i>Spring 2023</i> |
| Cum Laude, Amherst College | <i>May 2022</i> |

LEADERSHIP AND SERVICE

| | |
|---|------------------------------|
| Beautiful Together Animal Sanctuary , Chapel Hill, NC <i>Foster and Volunteer</i> | <i>July 2022 – June 2024</i> |
| <ul style="list-style-type: none">• Facilitate shelter-to-home transition and care for cats of various ages and temperaments• Assist intake, record keeping and animal handling at sanctuary-provided health clinics | |

Latin American Leadership Academy

August 2022 – August 2023

Mentor

- Guided international student through U.S. college admissions and financial aid applications

Amherst College Equestrian Team, Amherst, MA

September 2018 – May 2022

Co-Captain

- Responsible for grooming, tacking up, feeding, and turning out the assigned horses on a schedule
- Coordinated gear needs for delivery and inventory purchases, team bonding activities and events

AFFILIATIONS

International Society for Autism Research, Student Member

2022 – 2024

Association of Behavioral and Cognitive Therapies, Student Member

2022 – Present

Autism Spectrum and Development Disabilities Special Interest Group

ADHD Special Interest Group

SKILLS

Native Spanish speaker

Dedoose Qualitative and Mixed Methods Research

REDCap Online Survey and Data Collection Platform

R Commander

Qualtrics Online Survey and Software Platform

SPSS Statistics Software Package by IBM