

Daylin Delgado

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EDUCATION

University of Georgia, Athens, GA *Expected 2027*
M.S., Clinical Psychology
Advisor: Thania Galvan, Ph.D.
GPA: 3.86

Amherst College, Amherst, MA *May 2022*
B.A., Psychology; B.A., Law, Jurisprudence and Social Thought
Advisor: Julia D. McQuade, Ph.D.
Honors Thesis: "Understanding Parent Emotion Socialization and Youth Internalizing Symptoms During the COVID-19 Pandemic"
GPA: 3.77

RESEARCH EXPERIENCE

FUERTE Lab, University of Georgia, Athens, GA *June 2024 – Present*
Principal Investigator: Thania Galvan, Ph.D.

Graduate Research Coordinator

Projecto ESPERANZA (The Hope Project): Examining a biopsychosocial model of suicidality in Latina adolescents, funded by American Psychological Foundation's Visionary Grant

- Assist in project startup, screening and data collection, and participant compensation
- Run 90-minute interviews with Latina teens and parents in English and Spanish
- Conduct risk assessments for suicidality and self-harm, and engage in brief suicide safety intervention
- Download, clean and analyze MotionLogger Actigraph data

Graduate Research Assistant

Projecto FUERZA (The Strength Project): Exploring cognitive vulnerabilities in depression risk among trauma-exposed Latinx youth, funded by SRCD's Small Grants for Early Career Scholar award

- Co-lead data committee of undergraduate research assistants through data entry, data review and measure scoring in REDCap
- Run 90-minute interviews with Latinx teens and parents in English and Spanish

TEACCH Autism Program, Carrboro, NC *June 2022 – August 2024*
Principal Investigator: Brenna B. Maddox, Ph.D.; Danielle Roubinov, Ph.D.

Social/Clinical Research Assistant

Autistic Adults and other Stakeholders Engage Together – Suicide Prevention (AASET-SP) Study: Comparison of two brief suicide prevention interventions tailored for youth on the autism spectrum, funded by the Patient-Centered Outcomes Research Institute

- Supported engagement activities in accordance with the Governance and Engagement Plan of the Autistic Adults and other Stakeholders Engage Together (AASET) Community Council
- Coordinated and tracked completion of clinician training on safety planning and research activities, including scoring post-training evaluations for over 300 clinicians
- Conducted informed consent and assent procedures and collected baseline data

Adaptation & Early Feasibility of the Community-Based Anxiety Program Tailored for Autism (CAPTA):

Multi-phase study measuring the feasibility, preliminary effectiveness, and sustainability of a modified anxiety program for autistic youth, funded by the National Institute of Mental Health

- Qualitative coding and thematic analysis using the Braun and Clarke (2006) inductive thematic analysis approach and the Exploration, Preparation, Implementation, Sustainment (EPIS) Framework

Autistic Adults and other Stakeholders Engage Together – Mental Health Therapy Programs (AASET-MHTP)

Study: Comparing cognitive-behavioral therapy versus mindfulness-based therapy for autistic adults, funded by the Patient-Centered Outcomes Research Institute

- Assisted with study start-up processes, drafting the initial IRB application and a manual of procedures
- Supported engagement activities in accordance with the AASET Community Council Governance and Engagement Plan
- Mentored new study staff members on engagements with community partners

Project Lead

Female Autistic Adolescents' Markers of Suicide (FAAMS): Measuring biobehavioral markers of suicide risk in female adolescents on the autism spectrum, funded by the Foundation of Hope

- Coordinated communication and scheduled lab sessions with youth and their caregivers
- Revised and modified study protocol and IRB documentation
- Trained research assistants on data collection procedures

Peer Relationships Lab, Amherst College, Amherst, MA

January 2020 – May 2022

Principal Investigator: Julia D. McQuade, Ph.D.

Research Coordinator

Families and Teen Experiences Study: Investigating parenting and adolescent psychopathology during the COVID-19 pandemic

- Coordinated recruitment, scheduled online study sessions, and monitored data quality
- Qualitative coding of parent behaviors and parent and adolescent emotions for 5-minute conflict discussion task

Research Assistant

College Resilience Study: Measuring stress, physiology, emotion regulation in college students

- Trained to administer social stress task and collect physiological data (EKG, skin conductance, respiration)
- Reviewed video data and developed a coding system for participants' behaviors and emotions

PEER-REVIEWED PUBLICATIONS

Benevides, T.W., Shore, S.M., Heinly, J.M., **Delgado, D.**, Caplan, R., Hector, B.L., Holliday-Willey, L., Nebeker, L., Wittig, K., Roubinov, D., Maddox, B.B., & Jager-Hyman, S. (2025). Short take: An approach to decision-making in community-based participatory research to foster co-ownership and trust. *Field Methods*. <https://doi.org/10.1177/1525822X251339954>

Delgado, D., LaPoint, S. C., Simmons, G. L., Heinly, J. M., Shepherd, W. S., Kiernan, B., Brookman-Fraze, L. I., Storch, E. A., Maddox, B.B. (2024). "He just wants someone to hear him and listen to him": Barriers and facilitators to autistic youth with anxiety receiving quality mental healthcare. *Journal of Autism and Developmental Disorders*. <https://doi.org/10.1007/s10803-024-06574-1>

Reid, M., **Delgado, D.**, Heinly, J., Shapiro, S., Kiernan, B., Morgan, L., Maddox, B. B., Jager-Hyman, S. (2024). Suicidal thoughts and behaviors in people on the autism spectrum. *Current Psychiatry Reports*. <https://doi.org/10.1007/s11920-024-01533-0>

LaPoint, S.C., Simmons, G.L., Heinly, J., **Delgado, D.**, Shepherd, W.S., Brookman-Fraze, L., Storch, E.A., & Maddox, B.B. (2024). "Education would be step number one": Community mental health clinicians' training

and support needs to treat anxiety in autistic youth. *Research in Autism Spectrum Disorders*, 117.

<https://doi.org/10.1016/j.rasd.2024.102450>

McQuade, J. D., Breaux, R., Cash, A. R., Horton, N. J., Azu, M. A., & **Delgado, D.** (2023). Differential associations and concordance across measures of parent emotion socialization: The role of parent and adolescent emotion dysregulation. *Social Development*, 32, 1374–1393. <https://doi.org/10.1111/sode.12696>

MANUSCRIPTS UNDER REVIEW

Delgado, D., Galvan, T. (Under review). Self-esteem as moderator in the relation between deviant peer affiliations and trauma symptoms in violence-exposed Latino/a adolescents.

Delgado, D., James, S., Strauss, G., Galvan, T. (Under review). Clinical high-risk for psychosis in Latinx populations: Common issues and recommendations for improving care.

POSTERS AND PRESENTATIONS

* denotes student mentorship.

Delgado, D., Cervera, D.,* Ache, A.,* & Galvan, T. (2026, April 15-18). *The role of deviant peer affiliation and self-esteem on trauma symptoms in violence-exposed Latinx teens* [Poster presentation]. Society for Research on Adolescence Biennial Meeting, Toronto, Canada.

Heinly, J.M., Morgan, L., **Delgado, D.**, Venkatesh, E., Bowers, S., Roubinov, D.S., Jager-Hyman, S., & Maddox, B.B. (2025, April 30-May 3). *A quantitative analysis of clinician evaluation results following training on the Safety Planning Intervention tailored for autistic individuals* [Poster presentation]. International Society for Autism Research Annual Meeting, Seattle, WA.

Venkatesh, E., Heinly, J.M., Morgan, L., **Delgado, D.**, Bowers, S., Roubinov, D. S., Jager-Hyman, S., & Maddox, B.B. (2025, April 30-May 3). *“Engage him first, instead of assuming that the engagement is lacking because of ‘autism’”: Themes in clinician identification of effective communication with autistic individuals* [Poster presentation]. International Society for Autism Research Annual Meeting, Seattle, WA.

Argueta, C.Y., **Delgado, D.**, & Galvan, T. (2024, November 14-17). *Discrimination & internalizing symptoms in Latinx youth: an examination of the influence of the cultural values of self-reliance and competition* [Poster presentation]. Association for Behavioral and Cognitive Therapies 58th Annual Convention, Philadelphia, Pennsylvania.

Bowers, S., Shore, S., Benevides, T.W., Heinly, J.M., **Delgado, D.**, Jager-Hyman, S., & Maddox, B.B. (2024, April 17-19). *“Going beyond tokenizing”: Practices for authentic autistic engagement in suicide prevention research* [Poster presentation]. Suicide Research Symposium.

Delgado, D., Heinly, J.M., Morgan, L., Crabbe, S., Jager-Hyman, S., & Maddox, B.B. (2024, April 17-19). *Clinicians' suicide prevention for autistic youth knowledge and perceptions about implementing tailored safety planning interventions* [Poster presentation]. Suicide Research Symposium.

Heinly, J.M., Shore, S., Benevides, T.W., **Delgado, D.**, Jager-Hyman, S., & Maddox, B. B. (2024, April 17-19). *Modifying the suicide-related coping scale in collaboration with autistic partners* [Poster presentation]. Suicide Research Symposium.

Jager-Hyman, S., Benevides, T.W., Shore, S., **Delgado, D.**, Heinly, J.M., Bowers, S., Shapiro, S., & Maddox, B.B. (2024, April 17-19). Developing a procedure for communicating participant deaths by suicide to community-based participatory research study teams. In S. Jager-Hyman (Chair), *Engaging the autistic community to promote research translation for suicide prevention* [Symposium]. Suicide Research Symposium.

Delgado, D., Breaux, R., Cash, A.R., & McQuade, J.D. (2023, November 16-19). *Differential perspectives of parent emotion socialization as predictors of adolescent internalizing symptoms* [Poster presentation]. Association for Behavioral and Cognitive Therapies 57th Annual Convention, Seattle, Washington.

Reid, M., Heinly, J.M., **Delgado, D.**, Crabbe, S., Ming, X., Marcus, S., Jager-Hyman, S., & Maddox, B.B. (2023, November 16-19). *Emergency department outcomes for autistic individuals experiencing suicidal thoughts and behaviors* [Poster presentation]. Association for Behavioral and Cognitive Therapies Annual 57th Annual Convention, Seattle, WA.

- Heinly, J.M., LaPoint, S.C., **Delgado, D.**, Oliver-Derry, K., Brookman-Fraze, L., Storch, E.A., & Maddox, B.B. (2023, November 3). *“Nothing has really clicked”*: Autistic youth and caregiver recommendations to improve community-based anxiety treatment [Oral presentation]. Association for Behavioral and Cognitive Therapies Autism Spectrum and Developmental Disabilities Special Interest Group Pre-Conference.
- Jager-Hyman, S., Heinly, J.M., **Delgado, D.**, Morgan, L., Crabbe, S., & Maddox, B.B. (2023, October 15-18). The impact of two approaches to the safety planning intervention tailored for autistic youth on clinician attitudes, perspectives, and knowledge. In A. Kirby (Chair), *Autism and suicide: Lived experiences, risk factors, theory, and intervention* [Symposium]. International Summit on Suicide Research, Barcelona, Spain.
- Delgado, D.**, Heinly, J.M., Morgan, L., Crabbe, S., Jager-Hyman, S., & Maddox, B.B. (2023, May 3-6). *Clinician perspectives of acceptability, appropriateness, and feasibility of the safety planning intervention tailored for autistic individuals* [Poster presentation]. International Society for Autism Research Annual Meeting, Stockholm, Sweden.
- Heinly, J.M., **Delgado, D.**, Morgan, L., Crabbe, S., Jager-Hyman, S., & Maddox, B.B. (2023, May 3-6). *Clinician attitudes, self-efficacy, and knowledge about safety planning with autistic youth before and after a tailored suicide prevention intervention training* [Poster presentation]. International Society for Autism Research Annual Meeting, Stockholm, Sweden.
- Shore, S., Benevides, T.W., Jager-Hyman, S., Heinly, J.M., **Delgado, D.**, & Maddox, B.B. (2023, May 3-6). *I am a part of something bigger than me: Supporting and measuring authentic autistic engagement in a multi-site comparative effectiveness trial for suicide prevention* [Poster presentation]. International Society for Autism Research Annual Meeting, Stockholm, Sweden.
- Delgado, D.**, Heinly, J.M., Morgan, L., Crabbe, S., Jager-Hyman, S., & Maddox, B.B. (2023, April 26-28). *The safety planning intervention tailored for autistic individuals: clinician perspectives of acceptability, appropriateness, and feasibility* [Poster presentation]. Suicide Research Symposium.
- Heinly, J.M., **Delgado, D.**, Morgan, L., Crabbe, S., Jager-Hyman, S., & Maddox, B.B. (2023, April 26-28). *Changes in clinician attitudes and knowledge about safety planning with autistic youth after a tailored suicide prevention intervention training* [Poster presentation]. Suicide Research Symposium.
- Heinly, J.M., Crowley, S.M., **Delgado, D.**, Brookman-Fraze, L.I., Storch, E.A., & Maddox, B.B. (2022, November). *Providing quality care to autistic youth with anxiety: understanding the needs of community-based clinicians and clinic leaders* [Poster presentation]. Association for Behavioral and Cognitive Therapies 56th Annual Convention, New York City, New York.
- Cash, A.R., Azu, M., **Delgado, D.**, Corcoran, R., Castellanos, E., Breaux, R., & McQuade, J.D. (2021, November). *Accuracy of parent and adolescent report of parent emotion socialization practices during a conflict discussion task* [Poster presentation]. Association for Behavioral and Cognitive Therapies 55th Annual Convention, New Orleans, Louisiana.

CLINICAL EXPERIENCE

University of Georgia Psychology Clinic, Athens, GA

August 2024 – Present

Psychologist-in-Training (Child Team)

Supervisor: Harvey Gayer, Ph.D.

- Provide evidence-based treatment for children and parents to treat a variety of presenting problems (e.g., behavioral difficulties, parent management training, internalizing symptoms, symptoms of obsessive-compulsive disorder and autism spectrum disorder)
- Administer semi-structured interviews to inform case conceptualization and provide diagnoses
- Conduct psychoeducational assessments and interviews, and write integrated reports
- Participate in weekly individual and group supervision

Clinic Assistant

August 2025 - Present

Supervisor: Emily Mouliso, Ph.D.

- Conduct intake interviews for child and adult clients

- Write comprehensive intake reports to aid in client-therapist assignments

WORKSHOPS AND TRAININGS ATTENDED

CBT Strategies for Good Parenting <i>Sponsor: Beck Institute for Cognitive Behavior Therapy</i>	March 2026
Cultural Adaptations of CBT Practice <i>Sponsor: Beck Institute for Cognitive Behavior Therapy</i>	May 2025
Community-Based Participatory Research: A Partnership Approach for Public Health <i>Sponsor: Region V Public Health Training Center and the University of Michigan</i>	March 2025
Thriving in College with ADHD Workshop <i>Sponsor: Psychology Center for Training in Assessment, Treatment, and Clinical Research at the University of Wyoming and Psychology Services Center at the University of South Carolina</i>	April 2024
Autistic Adults and other Stakeholders Engage Together – Mental Health Therapy Programs (AASET-MHTP) Study Staff Training <i>Sponsored: AASET-MHTP Study Staff Training Team (Barb Cook, Becca Lory Hector, Dena Gassner, Lindsey Nebeker, Teal Benevides)</i>	August 2023
Systematic Review Summer Workshop Series <i>Sponsor: Health Sciences Library at University of North Carolina at Chapel Hill</i>	June – July 2023
Autism Research Equity Training <i>Sponsored: Family Voices</i>	March 2023
Autistic Adults and other Stakeholders Engage Together – Suicide Prevention (AASET-SP) Study Staff Training <i>Sponsor: AASET-SP Study Staff Training Team (Dena Gassner, Teal Benevides)</i>	July 2022
Fundamentals of Structured TEACCHing <i>Sponsored: University of North Carolina TEACCH Autism Program</i>	July 2022

HONORS AND AWARDS

Petrie Endowment Award (\$500), University of Georgia	October 2025
Presidential Graduate Award (\$10,000 for 4 years), University of Georgia	February 2024
ADHD Special Interest Group Student Travel Award (\$500), Association for Behavioral and Cognitive Therapies	November 2023
Staff Professional Development Grant (\$2,500), University of North Carolina, School of Medicine	Spring 2023
Student and Trainee Award (\$500), International Society for Autism Research	Spring 2023
Diversity Award (reimbursement up to \$1,500), International Society for Autism Research	Spring 2023
Cum Laude , Amherst College	May 2022

ACADEMIC LEADERSHIP AND SERVICE

Ad Hoc Journal Reviewer	
<i>Journal of Latinx Psychology</i>	2025
<i>Journal of Autism and Developmental Disorders</i>	2025
<i>Journal of Behavioral Medicine</i>	2025
<i>Journal of Research on Adolescence</i>	2025
Graduate Student Advisory Committee , Department of Psychology, University of Georgia, Athens, GA <i>Clinical Psychology Program Graduate Student Representative</i>	Fall 2025 - Present

- Facilitate communication between graduate students and departmental leadership

Summer Undergraduate Research Experience Psychology (SUREP),
University of Georgia, Athens, GA

Summer 2025

Mentor

- Create and lead one-hour presentations for undergraduates from historically underrepresented backgrounds on topics related to psychology and professional development

Clinical Inclusive Excellence Committee, University of Georgia,
Athens, GA

August 2024 - Present

Member

- Assist planning of semesterly proseminar discussions surrounding diversity initiatives and semesterly volunteering and community engagement opportunities within department

Franklin College's Office of Academic Innovation, University of
Georgia, Athens, GA

January 2024 – May 2025

Graduate Assistant

- Conducted needs assessment interviews with faculty and staff to improve academic programming and student support across departments
- Assisted with college-wide initiatives for improving access to admissions data and relevant analyses for decision-making processes

Latin American Leadership Academy

August 2022 – August 2023

Mentor

- Guided international student through U.S. college admissions and financial aid applications

AFFILIATIONS

Society for Research on Adolescence, Graduate Student Member	<i>2026 – Present</i>
Society for Research in Child Development, Graduate Student Member	<i>2024 – Present</i>
<i>Latinx Caucus</i>	
Association of Behavioral and Cognitive Therapies, Student Member	<i>2022 – Present</i>
<i>Autism Spectrum and Developmental Disabilities Special Interest Group</i>	
<i>ADHD Special Interest Group</i>	
<i>Parenting & Families Special Interest Group</i>	
International Society for Autism Research, Student Member	<i>2022 – 2024</i>

SKILLS

Native Spanish speaker	R Commander
REDCap Online Survey and Data Collection Platform	SPSS Statistics Software Package by IBM
Qualtrics Online Survey and Software Platform	MotionLogger Actigraph by AMI
Dedoose Qualitative and Mixed Methods Research	Mplus Statistics Software