# Katherine B. Ehrlich

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# **CURRENT POSITION**

Department of Psychology | Center for Family Research

2016–2021 Assistant Professor, University of Georgia

# EDUCATION

	Postdoc	Health Psychology	Northwestern University
2012	Ph.D.	Developmental Psychology	University of Maryland
2008	M.S.	Developmental Psychology	University of Maryland
2006	B.A., magna cum laude	Psychology	Washington & Lee University

# HONORS AND AWARDS

2024	Community Outreach Award, Behavioral and Brain Sciences, UGA
2021	Charles B. Knapp Early Career Scholar Award, University of Georgia
2020	Georgia CTSA Presidents' Award for Distinction for Team Science (with Drs. Ted Ross
	and Brad Phillips)
2020	Excellence in Health Psychology Research by an Early Career Professional Award
	(Society for Health Psychology, APA Div 38)
2020	Outstanding Research Mentoring Award, Behavioral and Brain Sciences, UGA
2020	APA Distinguished Scientific Award for Early Career Contribution to Psychology
	(Health Psychology)
2020	John and Polly Sparks Foundation Investigator, Brain & Behavior Research Foundation
2019	Fellow, Association for Psychological Science
2019	Janet Taylor Spence Award for Transformative Early Career Contributions, Association
	for Psychological Science
2018	Fellow, the Owens Institute for Behavioral Research (UGA)
2016	Association for Psychological Science Rising Star Award
2014	American Psychosomatic Society Young Scholar Award
2011	Jacob K. Goldhaber Travel Award
2011	University of Maryland International Conference Student Support Award
2011	SRCD Travel Award
2010	The Milton Dean Havron Social Sciences Award for Excellence in Graduate Study
2010	University of Maryland Distinguished Teaching Assistant Award
2009	SRCD Travel Award
2005-	Omicron Delta Kappa
2005-	Psi Chi
2003-2006	Dean's List, Washington and Lee University
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### **GRANTS AND FELLOWSHIPS**

#### Active

## 2020–2025 **NIDA P50 DA051361**

Neuroscience, Immunology, Social Adversity and the Roots of Addictive Behaviors: Toward a New Framework for Drug Use Etiology and Prevention

**Research Project 3**: Intergenerational Transmission of Neuroimmune Vulnerabilities for Addictive Behaviors among African American Youth: A Three Generation Study **Role**: Research Project III Leader; Executive Committee Member

(Proposed budget: \$9,990,720; 15% effort)

## 2023–2024 **NICHD R01 HD030588-29**

Developmental, Contextual, and Psychosocial Predictors of Weathering and Health among Rural African Americans in their Fourth Decade of Life

Role: Principal Investigator (Dr. Gene Brody served as PI from 2000 until 2023)

#### **Consultant Roles**

#### 2022–2027 **NICHD R01 HD106997-01A1**

Effects of Attachment-Based Intervention on Low-Income Latino Children's Emerging Health Outcomes: A Randomized Controlled Trial

Role: Consultant (PIs: Drs. Lisa Berlin & Natalie Slopen)

### 2021–2026 **NICHD R01 HD106650-01A1**

A Longitudinal Study of Adversity, Stress Processes, and Latinx Health from Adolescence to Young Adulthood

Role: Consultant (PI: Dr. Kathleen Roche)

### Under Review

### 2025–2030 NHLBI R01 (resubmission: July 2024)

Leveraging Adolescent School Transitions to Study Changes in Social Relationships and

Cardiometabolic Health Role: Principal Investigator

### 2025–2030 NHLBI R01 (resubmission: July 2024)

Examining the Crossover Effects of Adolescent Stress on Parent Cardiovascular Health

Role: Co-Investigator (PI: Dr. Melissa Lippold)

### 2025–2030 **NIA R01 (submission: June 2024)**

Navigating the Transition to Middle Age in the Strong African American Healthy

Adults Project (SHAPE) **Role**: Principal Investigator

## 2024–2028 NHLBI R01 (submitted February 2024)

Weight Stigma and Cardiovascular Health in Black and White Early Adults with

Overweight or Obesity

Role: Co-Investigator (PI: Dr. Mary Gerend)

2024–2028 **NHLBI R01** (submitted February **2024**)

When and How Socioeconomic Disparities in Cardiovascular Disease Risk Emerge and

Develop from Adolescence to Young Adulthood

Role: Consultant (PI: Dr. Jessica Chiang)

## Completed

2018–2023 NIH New Innovator Award DP2 MD013947

Innovative Approaches to the Study of Social Determinants of Health in Children

**Role**: Principal Investigator (total direct costs: \$1,500,000)

2019–2021 Jacobs Foundation Early Career Research Fellowship

(NCE: 6/2023) Skin Deep Resilience, Proinflammatory Phenotypes, and Cognitive Development

**Role**: Principal Investigator (total direct costs: \$150,000)

2019–2021 NARSAD Young Investigator Grant

(NCE: 1/2023) John and Polly Sparks Foundation Investigator

Skin Deep Resilience, Proinflammatory Phenotypes, and Depression Risk in Youth

**Role**: Principal Investigator (total direct costs: \$70,000)

2018–2020 **NICHD R03 HD093918** 

Parental Depression and the Early Origins of Disease across Three Generations

**Role**: Principal Investigator (total direct costs: \$100,000)

2018 UGA Clinical and Translational Research Unit Seed Grant

Intensive Parenting Beliefs in the Transition to Parenthood: Effects on Parent Mental

and Physical Health, Co-parenting Relationships, and Father Involvement

**Role**: Co-investigator (\$19,448)

2017 UGA Clinical and Translational Research Unit Seed Grant

Stress, Protective Factors, and Antibody Response to Influenza Vaccination in Children

**Role**: Principal Investigator (\$51,120)

2017 UGA Owens Institute for Behavioral Research Seed Grant

Early Life Stress, Parenting, and Risky Decision-Making: A Follow-up Study

**Role**: Co-investigator (\$9,521)

2016 UGA Student Affairs Faculty Research Grant Award

Parent-Child Relationships Across Students' Transitions to College

Role: Co-Principal Investigator (Co-PI: Anne Shaffer, PhD; \$4,600)

2013–2015 Postdoctoral NRSA – Ruth L. Kirschstein National Research Service Award

Adolescent Social Relationships and Immune, Endocrine, and Metabolic Processes

Agency: NICHD (F32 HD076563-01) (\$98,644)

October 2024

2009–2012	Predoctoral NRSA – Ruth L. Kirschstein National Research Service Award Parent-Adolescent Relationships, Distress Tolerance, and Adolescent HIV-Risk Agency: NIDA (F31 DA027365-01) (\$99,471)
2009	Graduate School Summer Research Fellowship, University of Maryland (\$5,000)
2008	Janet W. Johnson Summer Fellowship, University of Maryland (\$5,000)
2005	Robert E. Lee Research Scholar, Washington & Lee University (\$2,170)
2004	Robert E. Lee Research Scholar, Washington & Lee University (\$2,790)
2003	National Science Foundation Scholar, Washington & Lee University (\$3,300)

## **PUBLICATIONS**

- **Ehrlich, K. B.**, Brisson, J. B., Wiggins, E. R., Lyle, S. M., Celia-Sanchez, M., Gallegos, D., Langer, A., Ross, K. M., & Gerend, M. (in press). Experiences of discrimination and snacking behavior in Black and Latinx children. *Child Development*.
- Gerend, M., Wilkinson, L., Sutin, A., Rosado, J., **Ehrlich, K. B.**, Smith, D., & Maner, J. (2024). Sociodemographic predictors of three common measures of perceived weight discrimination. *International Journal of Obesity*, 48, 1231-1237.
- Lippold, M. A., Jenkins, M., **Ehrlich, K. B.**, Lee, S., & Almeida, D. (2024). Youth daily stressors predict their parents' wellbeing. *Communications Psychology*, *2*, 55.
- **Ehrlich, K. B.**, Lyle, S. M., Corallo, K. L., Lavner, J. A., & Ross, T. M. (2024). Changes in depressive symptoms and antibody production following influenza vaccination in adolescents and adults. *Vaccine*, 42, 3585-3591.
- Heard-Garris, N., Yu, T., Brody, G. H., Chen, E., **Ehrlich, K. B.**, & Miller, G. E. (2024). Racial discrimination and metabolic syndrome in young Black adults. *JAMA Network Open.* 7(4), e245288.
- Chen, E., Yu, T., **Ehrlich, K. B.**, Lam, P., Jiang, T., McDade, T., Miller, G. E., & Brody, G. H. (2024). Family disadvantage, education, and health outcomes among Black youth over a 20 year period. *JAMA Network Open, 7*(3), e242289.
- **Ehrlich, K. B.**, Lyle, S. M., Corallo, K. L., Brisson, J. B., Wiggins, E. R., Yu, T., Chen, E., Miller, G. E., & Brody, G. H. (2024). Socioeconomic disadvantage and high-effort coping in childhood: Evidence of skin-deep resilience. *Journal of Child Psychology and Psychiatry, 35*, 358-364.
- **Ehrlich, K. B.**, Celia-Sanchez, M., Yu, T., Heard-Garris, N., Chen, E., Miller, G. E., & Brody, G. H. (2024). Exposure to parental depression in adolescence and proinflammatory phenotypes 20 years later. *Brain, Behavior, and Immunity, 117,* 196-203.
- Roche, K. M., **Ehrlich, K. B.**, Vaquera, E., & Little, T. D. (2024). Mental health during early adolescence and later cardiometabolic risk: A prospective study. *Journal of Adolescent Health*, 74, 71-77.

- Wiggins, E. R., Brisson, J. M., Lavner, J. A., & **Ehrlich, K. B.** (2023). The benefits of nurturant-involved parenting for children's internalizing symptoms and cardiometabolic health in high-risk contexts. *Development and Psychopathology, 35*, 2420-2429.
- Corallo, K. L., Lyle, S. M., Yu, T., Brody, G. H., & **Ehrlich, K. B.** (2023). Intergenerational transmission of parental knowledge on child psychosocial adjustment among rural African American families: A pilot study. *Journal of Child and Family Studies, 32*, 3275-3287.
- Maner, J. K., Hasty, C., Martinez, J. L., **Ehrlich, K. B.**, & Gerend, M. A. (2023). The role of childhood unpredictability in adult health-related quality of life. *Journal of Behavioral Medicine*, 46, 417-428.
- De Los Reyes, A., Epkins, C. C., . . . Ehrlich, K. B. . . . Youngstrom, E. A. (2023). Editorial statement about JCCAP's 2023 special issue on informant discrepancies in youth mental health assessments: Observations, guidelines, and future directions grounded in 60 years of research. *Journal of Clinical Child and Adolescent Psychology*, 52(1), 147-158.
- Corallo, K. L., Carr, C. P., Lavner, J. A., Koss, K. J., & **Ehrlich, K. B.** (2023). The protective role of parental vigilance in the link between risky childhood environments and health. *Social Science & Medicine*, *317*, 115593.
- De Rooij, S. R., Ginty, A. T., **Ehrlich, K. B.**, & John-Henderson, N. A. (2022). Editorial: Biobehavioral and social pathways linking childhood adversity and health across the lifespan. *Frontiers in Psychology*, *13*, 992562.
- Corallo, K. L., Lyle, S. M., Carlock, M. A., Ross, T. M., & **Ehrlich, K. B.** (2022). Emotional distress, targeted rejection, and antibody production after influenza vaccination in adolescence. *Psychosomatic Medicine*, 84, 429-436.
- **Ehrlich, K. B.**, Yu, T., Sadiq, A., & Brody, G. H. (2022). Neighborhood poverty, allostatic load, and changes in cellular aging in African American young adults: The moderating role of attachment. *Attachment and Human Development, 24,* 339-352.
- Corallo, K. L., Lyle, S. M., Murphy, M. L. M., vanDellen, M. R., & **Ehrlich, K. B.** (2021). Recalled neighborhood environments, parental control, and cytokine-mediated response to viral challenge. *Psychosomatic Medicine*, *83*, 843-851.
- **Ehrlich, K. B.**, Miller, G. E., Rogosch, F. A., & Cicchetti, D. (2021). Maltreatment exposure across childhood and low-grade inflammation: Considerations of cumulative exposure, timing, and sex differences. *Developmental Psychobiology*, *63*, 529-537.
- **Ehrlich, K. B.** (2020). How does the social world shape health across the lifespan? Insights and new directions. *American Psychologist*, 75, 1231-1241.
- Stern, J. A., Beijers, R., **Ehrlich, K. B.**, Cassidy, J., & de Weerth, C. (2020). Beyond early adversity: Parenting predicts infants' physical health in a community sample. *Journal of Developmental and Behavioral Pediatrics*, 41, 452-460.

- Oshri, A., Duprey, E., Liu, S., & Ehrlich, K. B. (2020). Harsh parenting and youth systemic inflammation: Modulation by the autonomic nervous system. *Health Psychology*, 39, 482-496.
- **Ehrlich, K. B.**, Miller, G. E., Shalowitz, M., Story, R., Levine, C., Williams, D., Le, V., & Chen, E. (2019). Secure base representations in children with asthma: Links with symptoms, family asthma management, and cytokine regulation. *Child Development, 90*, e718-e728.
- **Ehrlich, K. B.**, vanDellen, M. R., Felton, J. W., Lejuez, C. W., & Cassidy, J. (2019). Perceptions about marital conflict: Individual, dyadic, and family level effects. *Journal of Social and Personal Relationships*, *36*, 3537-3553.
- **Ehrlich, K. B.**, Chen, E., Yu, T., Miller, G. E., & Brody, G. H. (2019). Exposure to parental depression in adolescence and risk for metabolic syndrome in adulthood. *Child Development*, 90, 1272-1285.
- Barton, A. W., Brody, G. H., Yu, T., Kogan, S. M., Chen, E., & **Ehrlich, K. B.** (2019). The profundity of the everyday: Family routines in adolescence predict development in young adulthood. *Journal of Adolescent Health, 64*, 340-346.
- **Ehrlich, K. B.**, & Cassidy, J. (2019). Attachment and physical health: Introduction to the special issue. *Attachment and Human Development*, 21, 1-4.
- **Ehrlich, K. B.**, Stern, J. A., Eccles, J. S., Dinh, J., Hopper, E. A., Kemeny, M. K., Adam, E. K., & Cassidy, J. (2019). A preliminary investigation of attachment style and inflammation in African American young adults. *Attachment and Human Development*, 21, 57-69.
- **Ehrlich, K. B.** (2019). Attachment and psychoneuroimmunology. *Current Opinion in Psychology, 25*, 96-100.
- Brody, G. H., Yu, T., Miller, G. E., **Ehrlich, K. B.**, & Chen, E. (2019). Preventive parenting intervention during childhood and young black adults' unhealthful behaviors: A randomized controlled trial. *Journal of Child Psychology and Psychiatry*, 60, 63-71.
- Brody, G. H., Yu, T., Chen, E., **Ehrlich, K. B.**, & Miller, G. E. (2018). Racial discrimination, body mass index, and insulin resistance: A longitudinal analysis. *Health Psychology*, *37*, 1107-1114.
- Barton, A. W., Yu, T., Brody, G. H., & **Ehrlich, K. B.** (2018). Childhood poverty, catecholamines, and substance use among African American young adults: The protective effect of supportive parenting. *Preventive Medicine*, 112, 1-5.
- Jones, J. D., Fraley, R. C., **Ehrlich, K. B.**, Stern, J. A., Lejuez, C. W., Shaver, P. R., & Cassidy, J. (2018). Stability of attachment style in adolescence: An empirical test of alternative developmental processes. *Child Development*, 89, 871-880.
- Brody, G. H., Yi, T., Miller, G. E., **Ehrlich, K. B.**, & Chen, E. (2018). John Henryism coping and metabolic syndrome among young black adults. *Psychosomatic Medicine*, 80, 216-221.
- Thomas, S. A., Wilson, T., Jain, A., Deros, D. E., Um, M., Hurwitz, J., Jacobs, I., Myerberg, L., **Ehrlich, K. B.**, Dunn, E. J., Aldao, A., Stadnik, R., & De Los Reyes, A. (2017). Toward

- developing laboratory-based parent-adolescent discussion tasks that consistently elicit adolescent conflict-related stress responses: Support from physiology and observed behavior. *Journal of Child and Family Studies*, 26, 3288-3302.
- Beach, S. R. H., Lei, M. K., Simons, R. L., Barr, A. B., Simons, L. G., **Ehrlich, K. B.**, Brody, G. H., Philibert, R. A. (2017). When inflammation and depression go together: The longitudinal effects of parent-child relationships. *Development and Psychopathology*, 29, 1969-1986.
- Jones, J. D., **Ehrlich, K. B.**, Brett, B. E., Gross, J., Mohr, J., Hopper, E. . . . Cassidy, J. (2017). African American adolescents' perceptions of parental secure base support predict serum levels of Creactive protein 20 years later. *Journal of Social and Personal Relationships*, 34, 1168-1185.
- Chen, E., Shalowitz, M. U., Story, R. E., **Ehrlich, K. B.**, Manczak, E. M., Ham, P. J., Le, V. T., & Miller, G. E. (2017). Parents' childhood socioeconomic circumstances are associated with their children's asthma outcomes. *Journal of Allergy and Clinical Immunology*, 140, 828-835.
- Manczak, E. M., Levine, C. S., **Ehrlich, K. B.**, Basu, D., McAdams, D. P., & Chen, E. (2017). Associations between spontaneous parental perspective-taking and stimulated cytokine responses in children with asthma. *Health Psychology*, *36*, 652-661.
- **Ehrlich, K. B.**, Miller, G. E., Scheide, T., Baveja, S., Weiland, R., Galvin, J., Mehta, J., & Penedo, F. (2016). Pre-transplant emotional support is associated with longer survival after allogeneic hematopoietic stem cell transplantation. *Bone Marrow Transplantation*, *51*, 1594-1598.
- Chen, E., Shalowitz, M. U., Story, R. E., **Ehrlich, K. B.**, Levine, C. S., Hayen, R., Leigh, A. K. K., & Miller, G. E. (2016). Dimensions of socioeconomic status and outcomes in childhood asthma: Evidence for distinct behavioral and biological associations. *Psychosomatic Medicine*, 78, 1043-1052.
- Hoyt, L. T., **Ehrlich, K. B.**, Cham, H., & Adam, E. K. (2016). Balancing scientific accuracy and participant burden: Testing the impact of sampling intensity on diurnal cortisol indices. *Stress*, 19, 476-485.
- **Ehrlich, K. B.**, Ross, K. M., Chen, E., & Miller, G. E. (2016). Testing the biological embedding hypothesis: Is early life adversity associated with a later proinflammatory phenotype? *Development & Psychopathology, 28,* 1273-1283.
- Hoyt, L. T., Zeiders, K. H., **Ehrlich, K. B.**, & Adam, E. K. (2016). Positive upshots of cortisol in everyday life. *Emotion*, *16*, 164-186.
- Augenstein, T. M., Thomas, S. A., **Ehrlich, K. B.**, Daruwala, S., Reyes, S. M., Chrabaszcz, J. S., & De Los Reyes, A. (2016). Comparing multi-informant assessment measures of parental monitoring and their links with adolescent delinquent behavior. *Parenting: Science and Practice*, 16, 164-186.
- **Ehrlich, K. B.**, Richards, J., Lejuez, C. W., & Cassidy, J. (2016). When parents and adolescents disagree about disagreeing: Observed parent-adolescent communication predicts informant discrepancies. *Journal of Research on Adolescence*, 26, 380-389.

- **Ehrlich, K. B.**, Miller, G. E., Rohleder, N., & Adam, E. K. (2016). Trajectories of relationship stress and inflammatory processes in adolescence. *Development and Psychopathology, 28,* 127-138.
- **Ehrlich, K. B.**, Miller, G. E., & Chen, E. (2015a). Family functioning, eosinophil activity, and symptoms in children with asthma. *Journal of Pediatric Psychology*, 40, 781-789.
- **Ehrlich, K. B.**, Miller, G. E., & Chen, E. (2015b). Harsh parent-child conflict is associated with decreased anti-inflammatory gene expression and increased symptom severity in children with asthma. *Development and Psychopathology, 27*, 1547-1554.
- **Ehrlich, K. B.**, Gerson, S. A., Vanderwert, R. E., Cannon, E. N., & Fox, N. A. (2015). Hypervigilance to rejecting stimuli in rejection sensitive individuals: Behavioral and neurocognitive evidence. *Journal of Personality and Individual Differences*, 85, 7-12.
- **Ehrlich, K. B.**, Hoyt, L. T., Sumner, J. A., McDade, T. W., & Adam, E. K. (2015). Quality of relationships with parents and friends predicts metabolic risk in young adulthood. *Health Psychology*, 34, 896-904.
- Adam, E. K., Heissel, M. A., Zeiders, K. H., Richeson, J. A., Ross, E. C., **Ehrlich, K. B.**, . . . Eccles, J. S. (2015). Developmental histories of perceived racial discrimination and diurnal cortisol profiles in adulthood: A 20-year prospective study. *Psychoneuroendocrinology*, 62, 279-291.
- Jones, J. D., **Ehrlich, K. B.**, Lejuez, C. W., & Cassidy, J. (2015). Parental knowledge of adolescent activities: Links with parental attachment style and adolescent risk behavior. *Journal of Family Psychology*, 29, 191-200.
- Mazursky-Horowitz, H., Felton, J. W., MacPherson, L., **Ehrlich, K. B.**, Cassidy, J., Lejuez, C. W., & Chronis-Tuscano, A. (2015). Maternal emotion regulation mediates the association between adult attention-deficit/hyperactivity disorder symptoms and parenting. *Journal of Abnormal Child Psychology*, 43, 121-131.
- Jones, J. D., Brett, B. E., **Ehrlich, K. B.**, Lejuez, C. W., & Cassidy, J. (2014). Maternal attachment style and responses to adolescents' negative emotions: The mediating role of maternal emotion regulation. *Parenting: Science and Practice*, 14, 235-257.
- **Ehrlich, K. B.**, Cassidy, J., Lejuez, C. W., & Daughters, S. B. (2014). Discrepancies about adolescent relationships as a function of informant attachment and depressive symptoms. *Journal of Research on Adolescence*, 24, 654-666.
- **Ehrlich, K. B.**, Cassidy, J., Gorka, S., Lejuez, C. W., & Daughters, S. B. (2013). Adolescent friendships in the context of dual risk: The roles of low adolescent distress tolerance and harsh parental response to adolescent distress. *Emotion*, *13*, 843-851.
- De Los Reyes, A., **Ehrlich, K. B.**, Swan, A. J., Luo, T., Van Wie, M., & Pabon, S. (2013). An experimental test of whether informants can report about child and family behavior based on settings of behavioral expression. *Journal of Child and Family Studies*, 22, 177-191.

- **Ehrlich, K. B.**, Dykas, M. J., & Cassidy, J. (2012). Tipping points in adolescent adjustment: Predicting social functioning from adolescents' conflict with parents and friends. *Journal of Family Psychology*, 10, 776-783.
- De Los Reyes, A., Thomas, S. A., Swan, A. J., **Ehrlich, K. B.**, Reynolds, E. K., Suarez, L., . . . Pabon, S. C. (2012). "It depends on what you mean by 'disagree": Differences between parent and child perceptions of parent-child conflict. *Journal of Psychopathology and Behavioral Assessment, 34*, 293-307.
- Dykas, M. J., Woodhouse, S. S., **Ehrlich, K. B.**, & Cassidy, J. (2012). Attachment-related differences in perceptions of an initial peer interaction emerge over time: Evidence of reconstructive memory processes in adolescents. *Developmental Psychology*, 48, 1381-1389.
- Dykas, M. J., **Ehrlich, K. B.**, & Cassidy, J. (2011). Links between attachment and social information processing: Examination of intergenerational processes. *Advances in Child Development and Behavior*, 40, 51-94.
- **Ehrlich, K. B.**, Cassidy, J., & Dykas, M. J. (2011). Reporter discrepancies among parents, adolescents, and peers: Adolescent attachment and informant depressive symptoms as explanatory factors. *Child Development*, 82, 999-1012.
- Dykas, M. J., Woodhouse, S. S., **Ehrlich, K. B.**, & Cassidy, J. (2010). Do adolescents and parents reconstruct memories about their conflict as a function of adolescent attachment? *Child Development*, 81, 1445-1459.
- Woodhouse, S. S., Ramos-Marcuse, F., **Ehrlich, K. B.**, Warner, S., & Cassidy, J. (2010). The role of adolescent attachment in moderating and mediating the links between parent and adolescent psychological symptoms. *Journal of Clinical Child and Adolescent Psychology*, 39, 51-63.
- Whiting, W. L., Madden, D. J., & **Babcock, K. J.** (2007). Overriding age differences in attentional capture with top-down processing. *Psychology and Aging, 22,* 223-232.

### **INVITED CHAPTERS**

- **Ehrlich, K. B.**, & Cassidy, J. (2021). Early attachment and later physical health. In R. Thompson, J. Simpson, & L. Berlin (Eds.), *Attachment: The fundamental questions* (pp. 204-210). New York, NY: Guilford.
- **Ehrlich, K. B.**, Miller, G. E., Jones, J. D., & Cassidy, J. (2016). Attachment and psychoneuroimmunology. In J. Cassidy & P. R. Shaver (Eds.), *Handbook of attachment: Theory, research, and clinical applications* (3rd ed., pp. 180-201). New York, NY: Guilford.
- **Ehrlich, K. B.**, Miller, G. E., & Chen, E. (2016). Childhood adversity and adult physical health. In D. Cicchetti (Ed.), *Developmental Psychopathology* (3rd ed., pp. 1-42). Hoboken, NJ: Wiley.

Cassidy, J., **Ehrlich, K. B.**, & Sherman, L. J. (2013). Child-parent attachment and response to threat: A move from the level of representation. In M. Mikulincer & P. R. Shaver (Eds.), *Nature and development of social connections: From brain to group* (pp. 125-143). Washington, DC: APA.

## **MANUSCRIPTS UNDER REVIEW**

Rabil, K., & Ehrlich, K. B. (under revision). Perceptions of parenting mediate and moderate the links between caregivers' and children's internalizing symptoms.

### **PRESENTATIONS**

## Presentations – Symposia (since 2013)

- Brisson, J. M., Wiggins, E. R., & Ehrlich, K. B. (2024, July). Friendship quality predicts change in youth's cardiometabolic risk: The moderating role of sex. Paper to be presented at the International Association for Relationships Research Conference, Boston, MA.
- Wiggins, E. R., Brisson, J. M., & **Ehrlich, K. B.** (2024, July). Socioeconomic risk and inflammation: The moderating role of children's secure base use. Paper to be presented at the International Association for Relationships Research Conference, Boston, MA.
- Wiggins, E. R., Brisson, J. M., & Ehrlich, K. B. (2023). Nurturant-involved parenting mitigates the cardiometabolic risks associated with childhood discrimination. Paper presented at the annual American Psychosomatic Meeting, San Juan, Puerto Rico.
- Brisson, J. M., Wiggins, E. R., & **Ehrlich, K. B.** (2023). The role of family context in shaping depressive symptoms and cardiometabolic risk in childhood. Paper presented at the annual American Psychosomatic Society Meeting, San Juan, PR.
- **Ehrlich, K. B.** (2022, June). *Childhood socioeconomic disadvantage and response to vaccination in adulthood.* Paper presented at the annual meeting of the Academy of Behavioral Medicine Research, Woodstock, VT.
- Celia-Sanchez, M. L., Cha, L., Miller, G. E., & Ehrlich, K. B. (2022, March). Lifetime unfair treatment and antibody response to pertussis vaccination in pregnant women. Paper presented at the annual meeting of the American Psychosomatic Society, Long Beach, CA.
- Cha, L., Celia-Sanchez, M., Lyle, S. M., & **Ehrlich, K. B.** (2022, March). *Adolescents' perceived stress, disclosure preferences, and response to vaccination.* Paper presented at the annual meeting of the American Psychosomatic Society, Long Beach, CA.
- Wiggins, E. R., Brisson, J. M., Lyle, S. M., Corallo, K. L., & Ehrlich, K. B. (2022, March). Friendship quality and response to vaccination: Exploring the moderating effects of puberty and sex. Paper presented at the annual meeting of the American Psychosomatic Society, Long Beach, CA.

- **Ehrlich, K. B.**, Corallo, K. B., & Lyle, S. M. (2020, October). *Linking the social world to physical health: Insights and new directions.* Paper presented at the annual meeting of the International Society for Developmental Psychobiology (held virtually due to COVID-19).
- Lyle, S. M., Corallo, K. L., & Ehrlich, K. B. (2020, March). Age, depressive symptoms, and antibody production following influenza vaccination. Paper accepted to the annual meeting of the American Psychosomatic Society, Long Beach, CA (cancelled due to COVID-19).
- Corallo, K. C., Sadiq, A., Lyle, S. M., Bastien, D. C., Wasilewski, I., & **Ehrlich, K. B.** (2020, March). *Parental depressive symptoms and child antibody response to influenza vaccination.* Paper accepted to the annual meeting of the American Psychosomatic Society, Long Beach, CA (cancelled due to COVID-19).
- Ehrlich, K. B., Miller, G. E., Rogosch, F. A., & Cicchetti, D. (2019, March). The impact of maltreatment on systemic inflammation in childhood. In S. Horn (Chair), *Novel metabolic and immune biomarkers of toxic stress: New directions and considerations for clinical translatability.* Paper presented at the biennial meeting of the Society for Research on Child Development, Baltimore, MD.
- Ehrlich, K. B., Corallo, K. L., & Lyle, S. M. (2019, March). Parental hostility is associated with children's antibody production following influenza vaccination. In S. Bai & E. Mercado (Chairs), From panoramic to microscopic: Studying links between the family environment and children's mental and physical health through multiple levels of analysis. Paper presented at the biennial meeting of the Society for Research on Child Development, Baltimore, MD.
- Lyle, S. M., Corallo, K. L., & **Ehrlich, K. B.** (2019, March). Adolescent and parent "shift-and-persist" scores are associated with adolescent antibody response to influenza vaccination. Paper presented at the annual meeting of the American Psychosomatic Society, Vancouver, BC.
- **Ehrlich, K. B.**, Yu, T., Chen, E, Miller, G. E., & Brody, G. H. (2019, March). Risk exposure and harsh parenting in adolescence predict epigenetic aging in young adulthood. In A. Farrell & K. Rentscher (Co-Chairs), *Psychosocial experiences and the regulation of the human genome*. Paper presented at the annual meeting of the American Psychosomatic Society, Vancouver, BC.
- Stern, J. A., **Ehrlich, K. B.**, Jones, J. D., Kemeny, M. E., Eccles, J., & Cassidy, J. (2019, March). Close relationships in adolescence and adulthood as predictors of inflammatory markers in midlife. In J. A. Stern (Chair), *Close relationships and physical health: A lifespan developmental perspective.* Paper presented at the Society for Research in Child Development Biennial Meeting, Baltimore, MD.
- **Ehrlich, K. B.**, Jones, J. D., Corallo, K. L., Lejuez, C. W., & Cassidy, J. (2018, April). Observed mother and adolescent conflict behaviors are associated with adolescent disruptive behavior symptoms over time. In D. Meter (Chair), *Observations of parent-adolescent interactions predicting adolescent adjustment*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.
- **Ehrlich, K. B.**, Lyle, S., Lejuez, C. W., & Cassidy, J. (2018, April). Observed hostility and attachment behaviors during mother-adolescent conflict: Links with adolescent social behavior. In M. Martin (Chair), *Increasing specificity in understanding the links between parent-adolescent attachment and*

- *adjustment.* Paper presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.
- **Ehrlich, K. B.**, Miller, G. E., Shalowitz, M., Story, R., Levine, C., Lam, P. H., Austin, M., & Chen, E. (2018, March). Secure base representations in children with asthma: Links with symptoms, family asthma management, and cytokine regulation. In J. R. O'Brien (Chair), *The Impact of Parent-Child Relationships on Child Inflammation*. Paper presented at the annual meeting of the American Psychosomatic Society, Louisville, KY.
- **Ehrlich, K. B.**, Miller, G. E., Shalowitz, M., Story, R., Levine, C., Austin, M., Lam, P. H., Corallo, K., Lyle, S., & Chen, E. (2018, March). *Loneliness in children with asthma: Links with symptoms, family asthma management, and cytokine regulation.* Paper presented at the annual meeting of the American Psychosomatic Society, Louisville, KY.
- Ehrlich, K. B., Manczak, E., Levine, C., Leigh, A., & Chen, E. (2017, April). Parent and child relationship stress: Unique associations with children's inflammatory profiles. In K. B. Ehrlich (Chair), Social relationships and physical health: Contexts and consequences across development. Paper presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.
- **Ehrlich, K. B.**, Ross, K. M., & Miller, G. E. (2016, April). Early life adversity is associated with a proinflammatory phenotype in adolescence. In J. P. Allen (Chair), *Social support and social trauma predict long-term physical health outcomes: Exploring mechanisms and sensitive periods.* Paper presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD.
- Ehrlich, K. B., Miller, G. E., & Chen, E. (2015, March). Harsh parent-adolescent conflict, gene expression, and symptom severity in adolescents with asthma. In K. B. Ehrlich (Chair), *Multilevel perspectives on harsh parenting and maltreatment*. Paper presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
- Thomas, S.A., **Ehrlich, K. B.**, Augenstein, T.M., Giron, S., Greco, M., Kline, K., Aldao, A., & De Los Reyes, A. (2014, November). *Eliciting a psychophysiological stress response in adolescents using a parent-adolescent conflict task derived from the To(may)to-To(mah)to Interview*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- **Ehrlich, K. B.**, Hoyt, L. T., Sumner, J. A., McDade, T., & Adam, E. K. (2014, March). Quality of relationships with parents and friends in adolescence predicts metabolic risk in young adulthood. In E. K. Adam (Chair), *Embedding development of obesity, metabolic risk, and health in individual and social contexts.* Paper presented at the biennial meeting of the Society for Research on Adolescence, Austin, TX.
- Ehrlich, K. B., Felton, J. W., MacPherson, L., Lejuez, C. W., & Cassidy, J. (2014, March). Adolescent interpersonal conflict, depressive symptoms, and risk-taking: A person-centered approach. In R. Schwartz-Mette (Chair), Adolescent friendships and psychopathology: Influences of relationship quality and interpersonal behavior. Paper presented at the biennial meeting of the Society for Research on Adolescence, Austin, TX.

- **Ehrlich, K. B.**, Miller, G. E., & Chen, E. (2014, March). Cumulative family dysfunction, eosinophil activity, and symptoms in children with asthma. Paper presented at the annual meeting of the American Psychosomatic Society, San Francisco, CA.
- **Ehrlich, K. B.**, Richards, J. M., Lejuez, C. W., & Cassidy, J. (2013, April). When parents and adolescents disagree about disagreeing: Observed parent-adolescent communication predicts informant discrepancies. In A. Cogswell (Chair), *New developments in understanding informant discrepancies*. Paper presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.
- Ehrlich, K. B., Kemeny, M., Jones, J. D., Brett, B. E., Dinh, J., Hopper, E., Peck, S. C., Malanchuk, O., Brodish, A., Adam, E. K., Eccles, J. S., & Cassidy, J. (2013, April). When parents and adolescents agree about not disagreeing: Concordance in reports of low conflict predicts later immune functioning. In J. Cassidy (Chair), *Psychosocial predictors of immune functioning: A developmental perspective.* Paper presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.

## Presentations – Posters (since 2013)

- Lyle, S. M., Badejoh, O. O., Rabil, K. E., Brisson, J. M., & Ehrlich, K. B. (2023, July). The role of friendship quality and nurturant parenting in predicting emotional distress and metabolic risk in adolescence. Poster presented at the 56th Annual Meeting of the International Society for Developmental Psychobiology, ePoster Presentation.
- Lyle, S. M., Gallegos, D. J., Celia-Sanchez, M. L., Langer, A. G., & **Ehrlich, K. B.** (2023, July). *The association between stress and health behaviors in Black and Latinx adolescents.* Poster presented at the 56th Annual Meeting of the International Society for Developmental Psychobiology, ePoster Presentation.
- Lyle, S. M., Langer, A. G., Celia-Sanchez, M. L., Gallegos, D. J., & **Ehrlich, K. B.** (2023, July). *The role of discrimination in predicting mental and physical health outcomes in African American and Latinx Youth.*Poster presented at the 56th Annual Meeting of the International Society for Developmental Psychobiology, ePoster Presentation.
- Lippold, M., Jenkins, M., **Ehrlich, K. B.**, Lee, S., Wyman, K., & Almeida, D. (2023). Daily child stressors predict parent health and well-being. Poster presented at the International Convention of Psychological Science, Brussels, Belgium.
- Rabil, K. E., Badejoh, O. O., Lyle, S. M., Brisson, J. M., & **Ehrlich, K. B.** (2023). *Nurturant parenting mitigates the association between caregiver and child internalizing symptoms.* Poster presented at the Society for Research on Adolescence 2023 annual meeting, San Diego, CA.
- Brisson, J. M., Wiggins, E. R., Corallo, K. L., Lyle, S. M., & **Ehrlich, K. B.** (2022, March). Parental depressive symptoms and adolescents' response to influenza vaccination: The moderating role of adolescents' perceptions of parents as a secure base. Poster presented at the annual meeting of the American Psychosomatic Society, Long Beach, CA.

- Langer, A. G., Moreno, S., & Ehrlich, K. B. (2022, March). "Don't be such a baby": Observed parental reactions to child distress. Poster presented at the biennial meeting of the Society for Research on Adolescence, New Orleans, LA.
- Wasilewski, I., Corallo, K. L., Lyle, S. M., Sadiq, A., & **Ehrlich, K. B.** (2021, April). Extracurricular activity involvement in adolescence is associated with less robust antibody response to influenza vaccination. Poster presented at the biennial meeting of the Society for Research in Child Development Biennial Meeting, (held virtually due to COVID-19).
- Corallo, K. L., Lyle, S. M., & Ehrlich, K. B. (2020, October). *Emotional distress, targeted rejection, and adaptive immune function in adolescence.* Poster presented at the annual meeting of the International Society for Developmental Psychobiology (held virtually due to COVID-19).
- Lyle, S. M., Corallo, K. L., & Ehrlich, K. B. (2020, October). Household chaos and antibody production following vaccination in adolescents. Poster presented at the annual meeting of the International Society for Developmental Psychobiology (held virtually due to COVID-19).
- Wasilewski, I., Corallo, K. C., Lyle, S. M., & **Ehrlich, K. B.** (2020, March). *School risk and antibody response to influenza vaccination in adolescence.* Poster accepted to the annual meeting of the American Psychosomatic Society, Long Beach, CA (cancelled due to COVID-19).
- Corallo, K. L., Lyle, S. M., & Ehrlich, K. B. (2020, March). *Chronic stress, targeted rejection, and antibody response to influenza vaccination in adolescence.* Poster accepted to the annual meeting of the American Psychosomatic Society, Long Beach, CA (cancelled due to COVID-19).
- Fitter, M. H., **Ehrlich, K. B.**, Stern, J. A., Gross, J. T., & Cassidy, J. (2019, July). *Links between adolescent secure base representations and expectations of future romantic relationships.* Poster presented at the International Attachment Conference, Vancouver, BC.
- **Ehrlich, K. B.**, Lyle, S. M., & Corallo, K. L. (2019, March). Parent and child perceived stress and antibody production following vaccination. Poster presented at the annual meeting of the American Psychosomatic Society, Vancouver, BC.
- Fitter, M. H., **Ehrlich, K. B.**, Stern, J. A., Gross, J. T., & Cassidy, J. (2019, March). *Links between adolescent secure base representations and expectations of future romantic relationships.* Poster presented at the biennial meeting of the Society for Research in Child Development Biennial Meeting, Baltimore, MD.
- Corallo, K. L., Lyle, S. M., Murphy, M. L. M., & **Ehrlich, K. B.** (2019, March). *Early environments, parental overprotection, and susceptibility to the common cold.* Poster presented at the annual meeting of the American Psychosomatic Society, Vancouver, BC.
- Stern, J. A., Jones, J. D., Fraley, R. C., **Ehrlich, K. B.**, Lejuez, C. W., Shaver, P. R., & Cassidy, J. (2018, April). *Stability of attachment style in adolescence: An empirical test of alternative developmental processes.* Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.

- Stern, J. A., Beijers, R., **Ehrlich, K. B.**, Cassidy, J., & de Weerth, C. (2017, October). *Beyond early adversity: Parenting predicts infant health in a community sample*. Poster presented at the 10th World Congress on Development Origins of Health and Disease, Rotterdam, NL.
- Jones, J. D., Brett, B. E., **Ehrlich, K. B.**, Lejuez, C. W., & Cassidy, J. (2015, March). *Link between maternal attachment style and responses to adolescent distress: The underlying role of emotion regulation.* Poster presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
- Ehrlich, K. B., Baveja, S., Miller, G. E., Galvin, J., Weiland, R., Mehta, J., & Penedo, F. J. (2014, August). *Pre-transplant emotional support is associated with longer survival after allogeneic hematopoietic stem cell transplantation*. Poster presented at the 13th International Congress of Behavioral Medicine, Groningen, NL.
- Galvin, J., **Ehrlich, K. B.**, Baveja, S., Penedo, F. J., Scheide, T., Valukas, C., Mehta, J., & Miller, G. E. (2014, August). *Socioeconomic status is associated with longer survival after allogeneic hematopoietic stem cell transplantation*. Poster presented at the 13th International Congress of Behavioral Medicine, Groningen, NL.
- Ross, K., Ehrlich, K. B., & Miller, G. E. (2014, March). Cortisol diurnal index stability predicts changes in metabolic syndrome symptoms over 2 years in adolescent girls. Poster presented at the annual meeting of the American Psychosomatic Society, San Francisco, CA.
- McQuillan, M., **Ehrlich, K. B.**, Adam, E. K., & Grant, K. (2013, November). *Victimization is more strongly associated with depressive symptoms for LGBTQ adolescents compared to other adolescents.* Poster presented at the Chicago LGBTQ Health and Wellness Conference, Chicago, IL.
- Jones, J. D., **Ehrlich, K. B.**, Smith, R. K., Lejuez, C. W., & Cassidy, J. (2013, April). *Parental attachment style and adolescent risk behavior: The mediating role of parental knowledge.* Poster presented at the biennial meeting of the Society for the Research in Child Development, Seattle, WA.
- Brett, B. E., Jones, J. D., **Ehrlich, K. B.**, Kemeny, M., Mohr, J., Hopper, E., Dinh, J., Gross, J., Malanchuk, O., Peck, S. C., Brodish, A., Adam, E. K., Eccles, J. S., & Cassidy, J. (2013, April). *Early adolescent parental attachment support, but not other forms of social support, predicts adult immune functioning.* Poster presented at the biennial meeting of the Society for the Research in Child Development, Seattle, WA.
- Ehrlich, K. B., & Miller, G. E. (2013, March). *Relationship stress and inflammation in adolescence*. Poster presented at the annual meeting of the American Psychosomatic Society, Miami, FL.

# <u>Presentations – Invited Talks and Colloquia (Selected)</u>

- 2023 University of Virginia Developmental Psychology Lunch Series (Zoom)
- 2021 Carnegie Mellon University Social Health Brown Bag (Pittsburgh, PA)
- 2021 University of Maryland Developmental Brown Bag (Zoom)
- 2020 University of Washington Social-Developmental Brown Bag (Zoom)
- 2020 Carolina Consortium on Human Development (Chapel Hill, NC)
- 2020 Florida State University Neuroscience Colloquium (Tallahassee, FL)
- 2018 University of Virginia Clinical Psychology Lunch Series (Charlottesville, VA)

- 2017 Attachment Pre-Conference (SRCD)
- 2015 University of North Carolina Greensboro Clinical Brown Bag (Greensboro, NC)
- 2015 University of Chicago Demography Workshop (Chicago, IL)
- 2014 NMH Hematopoietic Stem Cell Transplant Program (Chicago, IL)

### TEACHING EXPERIENCE

## Courses Taught at the University of Georgia

Introduction to Health Psychology (Undergraduate large lecture course)

The Psychology of Harry Potter (Undergraduate large lecture course)

Research Methods in Health and Developmental Psychology (Undergraduate capstone course)

The Psychology of Harry Potter (First Year Odyssey Seminar)

Adolescent Development (Undergraduate course)

Social Determinants of Health (Graduate course)

Connecting with Youth through Research and Service (Undergraduate service-learning course)

## Courses Taught at the University of Maryland

Psychology of Adolescence (Undergraduate course)

Graduate Seminar on Research in Developmental Psychology (Co-instructor)

Research Methods in Developmental Psychology (Undergraduate course)

## **EDITORIAL POSITIONS**

#### <u> Associate Editor</u>

Journal of Family Psychology, January 2021 - Present

#### Editorial Board

Consulting Editor, Journal of Clinical Child and Adolescent Psychology, January 2016 – Present

International Advisory Board, Attachment and Human Development, January 2016 - Present

Editorial Board, Journal of Early Adolescence, November 2017 – Present

Editorial Board, Development and Psychopathology, February 2018 – Present

Editorial Board, Journal of Family Psychology, October 2018 – Present

Consulting Editor, Child Development, July 2019 – Present

Consulting Editor, Developmental Psychology, January 2021 – Present

## Ad Hoc Reviewer (Current and Previous; 52 Total Peer-Reviewed Journal Outlets):

Administration and Policy in Mental Health; Advances in Methods and Practices in Psychological Science; American Journal of Orthopsychiatry; American Psychologist; Annals of Behavioral Medicine; Applied Developmental Science; Attachment & Human Development; Biological Psychiatry; Biological Psychology; Brain, Behavior, and Immunity; Brain, Behavior, & Immunity – Health; Cancer; Child Development; Child Development Perspectives; Clinical Psychology Review; Current Directions in Psychological Science; Development and Psychopathology; Developmental Psychology; Family Process; Frontiers in Psychology; Health Psychology; Journal of Abnormal Child Psychology; Journal of Adolescence; Journal of Child and Family Studies; Journal of Clinical Child and Adolescent Psychology; Journal of Community Psychology; Journal of Early Adolescence; Journal of Family Issues; Journal of Psychology; Journal of Health Psychology; Journal of Mental Health; Journal of Personality; Journal of Psychopathology and Behavioral

Assessment; Journal of Research on Adolescence; Journal of Research in Personality; Journal of Social and Personal Relationships; Journal of Youth and Adolescence; Learning and Individual Differences; Merrill-Palmer Quarterly; Pediatrics; Personal Relationships; Personality Disorders: Theory, Research, and Treatment; Personality and Social Psychology Bulletin; Physiology & Behavior; Proceedings of the National Academy of Sciences; Psychoneuroendocrinology; Psychosomatic Medicine; Scientific Reports; Social Development; Stress; Stress and Health

## **EDITOR FOR SPECIAL ISSUE**

- 1. Ehrlich, K. B., & Cassidy, J. (2019, January). Attachment and physical health. Special issue in *Attachment and Human Development, 21*.
- 2. John-Henderson, N., De Rooij, S. R., Ginty, A., & Ehrlich, K. B. (2021). Biobehavioral and social pathways linking childhood adversity and health across the lifespan. *Frontiers in Psychology*.

# **DEPARTMENTAL | UNIVERSITY | FIELD SERVICE (since 2016)**

2024 -	Psychology Department Faculty Search Committee (Racial Health Disparities)	
2024 -	Personnel Advisory Committee (UGA Psychology)	
2024 –	UGA Office of Research Senior Fellow	
2023 - 2024	UGA Office of Research Faculty Fellow	
2023	UGA Team Impact Award Reviewer	
2023	UGA Presidential Interdisciplinary Seed Grant Reviewer	
2023	Presidential Graduate Fellows Review Committee (UGA)	
2022 –	APS Rising Stars Review Committee	
2022 - 2023	Personnel Advisory Committee (UGA Psychology)	
2022 - 2023	Program Review Committee for Health Promotion and Behavior (UGA)	
2022	Presidential Graduate Fellows Review Committee (UGA)	
2020	Search Committee, Center for Brain Health and Neurological Disorders (UGA)	
2019-2021	Division 38 (Society for Health Psychology) Membership Committee	
2018-2019	Psychology Department Endowed Faculty Search Committee	
2017-2020	Psychology Department: Head's Advisory Committee	
2017	Human Development and Family Science Faculty Search Committee	
2016	Review Committee – ARCS Fellows Program (UGA)	

## **PROFESSIONAL AFFILIATIONS**

Association for Psychological Science American Psychological Association APA Div. 38 (Society for Health Psychology)