**The IPIP-NEO- 60 (Maples, Williamson, Sleep, Carter, Campbell, and Miller, in press)  
(International Personality Item Pool   
Representation of the NEO PI-R™)**

The following pages contain phrases describing people's behaviors. Please use the rating scale next to each phrase to describe how accurately each statement describes you. Describe yourself as you generally are now, not as you wish to be in the future. Describe yourself as you honestly see yourself, in relation to other people you know of the same sex as you are, and roughly your same age. So that you can describe yourself in an honest manner, your responses will be kept in absolute confidence. Please read each statement carefully, and then click the circle that corresponds to the accuracy of the statement.

Please read each item carefully and circle the one answer that best corresponds to your agreement or disagreement. If you the statement is **very inaccurate** circle **1**, if it is **moderately inaccurate** circle **2**, if it is **neither accurate nor inaccurate** circle **3**, if it is **moderately accurate** circle **4**, and if it is **very accurate** circle **5**.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Disagree Strongly | Disagree a little | Neither agree nor disagree | Agree a little | Strongly agree |
| 1 | 2 | 3 | 4 | 5 |
|  |  |  |  |  |

1. Worry about things. 1 2 3 4 5
2. Get stressed out easily. 1 2 3 4 5
3. Get angry easily. 1 2 3 4 5
4. Lose my temper. 1 2 3 4 5
5. Often feel blue. 1 2 3 4 5
6. Dislike myself. 1 2 3 4 5
7. Find it difficult to approach others. 1 2 3 4 5
8. Am easily intimidated. 1 2 3 4 5
9. Rarely overindulge. 1 2 3 4 5
10. Am able to control my cravings. 1 2 3 4 5
11. Remain calm under pressure. 1 2 3 4 5
12. Am calm even in tense situations. 1 2 3 4 5
13. Make friends easily. 1 2 3 4 5
14. Act comfortably with others. 1 2 3 4 5
15. Love large parties. 1 2 3 4 5
16. Avoid crowds. 1 2 3 4 5
17. Take charge. 1 2 3 4 5
18. Try to lead others. 1 2 3 4 5
19. Am always busy. 1 2 3 4 5
20. Am always on the go. 1 2 3 4 5
21. Love excitement. 1 2 3 4 5
22. Seek adventure. 1 2 3 4 5
23. Have a lot of fun. 1 2 3 4 5
24. Love life. 1 2 3 4 5
25. Have a vivid imagination. 1 2 3 4 5
26. Love to daydream. 1 2 3 4 5
27. Believe in the importance of art. 1 2 3 4 5
28. Do not like art. 1 2 3 4 5
29. Experience my emotions intensely. 1 2 3 4 5
30. Am not easily affected by my emotions. 1 2 3 4 5
31. Prefer to stick with things that I know. 1 2 3 4 5
32. Don’t like the idea of change. 1 2 3 4 5
33. Avoid philosophical discussions. 1 2 3 4 5
34. Am not interested in theoretical discussions. 1 2 3 4 5
35. Tend to vote for liberal political candidates. 1 2 3 4 5
36. Believe in one true religion. 1 2 3 4 5
37. Trust others. 1 2 3 4 5
38. Believe that others have good intentions. 1 2 3 4 5
39. Cheat to get ahead. 1 2 3 4 5
40. Take advantage of others. 1 2 3 4 5
41. Love to help others. 1 2 3 4 5
42. Am concerned about others. 1 2 3 4 5
43. Insult people. 1 2 3 4 5
44. Get back at others. 1 2 3 4 5
45. Believe that I am better than others. 1 2 3 4 5
46. Think highly of myself. 1 2 3 4 5
47. Sympathize with the homeless. 1 2 3 4 5
48. Feel sympathy for those who are worse off than myself. 1 2 3 4 5
49. Handle tasks smoothly. 1 2 3 4 5
50. Know how to get things done. 1 2 3 4 5
51. Like to tidy up. 1 2 3 4 5
52. Leave a mess in my room. 1 2 3 4 5
53. Tell the truth. 1 2 3 4 5
54. Break my promises. 1 2 3 4 5
55. Work hard. 1 2 3 4 5
56. Set high standards for myself and others. 1 2 3 4 5
57. Carry out my plans. 1 2 3 4 5
58. Have difficulty starting tasks. 1 2 3 4 5
59. Make rash decisions. 1 2 3 4 5
60. Act without thinking. 1 2 3 4 5

Scoring Key:

R after an item indicates reverse-scoring

N1: Anxiety: 1, 2

N2: Anger: 3, 4

N3: Depression: 5, 6

N4: Self-consciousness: 7, 8

N5: Immoderation: 9R, 10R

N6: Vulnerability: 11R, 12R

E1: Friendliness: 13, 14

E2: Gregariousness: 15, 16R

E3: Assertiveness: 17, 18

E4: Activity Level: 19, 20

E5: Excitement Seeking: 21, 22

E6: Cheerfulness: 23, 24

O1: Imagination: 25, 26

O2: Artistic Interests: 27, 28R

O3 Emotionality: 29, 30R

O4: Adventurousness: 31R, 32R

O5: Intellect: 33R, 34R

O6: Liberalism: 35, 36R

A1: Trust: 37, 38

A2: Morality: 39R, 40R

A3: Altruism: 41, 42

A4: Cooperation: 43R, 44R

A5: Modesty: 45R, 46R

A6: Sympathy: 47, 48

C1: Self Efficacy: 49, 50

C2: Orderliness: 51, 52R

C3: Dutifulness: 53, 54R

C4: Achievement Striving: 55, 56

C5: Self Discipline: 57, 58R

C6: Cautiousness: 59R, 60R

For those interested, below are the item numbers corresponding to the original IPIP-NEO full length measure

1. (N1, 1)
2. (N1, 91)
3. (N2, 6)
4. (N2, 126)
5. (N3, 11)
6. (N3, 41)
7. (N4, 76)
8. (N4, 16)
9. (N5, 171R)
10. (N5, 231R)
11. (N6, 176R)
12. (N6, 296R)
13. (E1, 2)
14. (E1, 92)
15. (E2, 7)
16. (E2, 247R)
17. (E3, 12)
18. (E3, 42)
19. (E4, 17)
20. (E4, 47)
21. (E5, 22)
22. (E5, 52)
23. (E6, 57)
24. (E6, 147)
25. (O1, 3)
26. (O1, 63)
27. (O2, 8)
28. (O2, 158R)
29. (O3, 13)
30. (O3, 193R)
31. (O4, 138R)
32. (O4, 198R)
33. (O5, 203R)
34. (O5, 263R)
35. (O6, 28)
36. (O6, 118R)
37. (A1, 4)
38. (A1, 34)
39. (A2, 159R)
40. (A2, 249R)
41. (A3, 74)
42. (A3, 104)
43. **(**A4, 229R)
44. (A4, 259R)
45. (A5, 144R)
46. (A5, 174R)
47. (A6, 29)
48. (A6, 59)
49. (C1, 65)
50. (C1, 155)
51. (C2, 40)
52. (C2, 190R)
53. (C3, 105)
54. (C3, 195R)
55. (C4, 50)
56. (C4, 170)
57. (C5, 145)
58. (C5, 265R)
59. (C6, 150R)

60. (C6, 270R)